



Windsor Wave

Pass it on • "Wave" to a Friend

DECEMBER 2011

City of
Windsor Heights
1133 66th Street
Windsor Heights, IA 50324
(515) 279-3662
www.windsorheights.org

**City Hall will be closed
on December 23, December 26 and January 2.
The normal city council meeting scheduled for Monday, January 2
will be on Monday, January 9 at 6 p.m.**

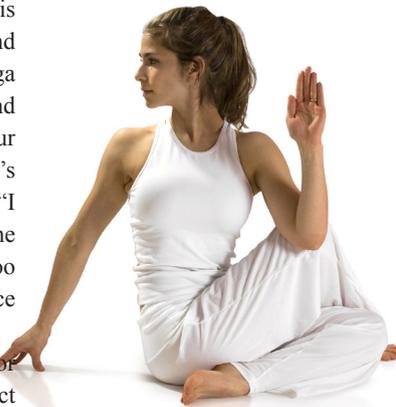
YOGA CLASS TO BE OFFERED BEGINNING JANUARY 2012 AT THE WINDSOR HEIGHTS COMMUNITY & EVENTS CENTER

The Windsor Heights Community & Events Center is pleased to announce a winter line up of one hour yoga classes with Stephanie Abbott, beginning Tuesday, January 10, 5:30 – 6:30 p.m. and continuing for 10 consecutive weeks. The first class is FREE. There is a per class charge of \$8 after January 10.

Stephanie Abbott has been a student of Yoga since November 2001. She received her Yoga Alliance 200 hour RYT certification in 2011 with Christy Burnette who has been teaching in Des Moines for 6 years, conducting teacher trainings and workshops for all yogis. Stephanie has also studied with other well-known teachers in the Yoga world and is extremely highly regarded in the field.

The one hour Level 1 class explores body, breath and the basics of Yoga. The fundamentals of Yoga are explored in a safe and playful environment. The class is appropriate for beginners and ongoing students alike. A Yoga mat, comfortable clothing and the desire to go deeper in your Yoga practice are all that's required. Stephanie says, "I believe in teaching from the heart, not taking myself too seriously and always hold space for laughter."

For more information or to sign up, please contact Stephanie Abbott, steph4yoga@yahoo.com.



CHRISTMAS TREE AND WINTER YARD WASTE COLLECTION – JANUARY 2–13

Once the holidays pass, be sure to set out your Christmas tree on your garbage collection days from January 2–13. The city provides collection of Christmas trees (be sure to remove the decorations), through Metro Waste Authority's *Compost It!* sticker program. Purchase a \$1.15 sticker at participating grocery and hardware stores. You can also set out brush bundles, *Compost It!* bags and carts for these two weeks.

Learn more about our solid waste, recycling and yard waste curbside collection by visiting www.MWAtoday.com/communities or calling 515-244-0021.



WINTER WEATHER REMINDER

With winter upon us, the City of Windsor Heights would like to remind residents of the ordinances that pertain to snow and ice. If you have any questions or concerns about the City's snow ordinance, please do not hesitate to call City Hall at 279-3662.

What are the rules regarding parking a vehicle on the street during the winter? City code states that it is unlawful to park on any street during the time of any snowfall and within the 24 hours following the end of the any snow event (60.10.10). Any vehicle parked on the street during a snowfall or within 24 hours after a snowfall faces the possibility of receiving a \$25 parking ticket and/or impoundment. It is important to remember the times when you cannot be parked on the street and that the snow ordinance automatically goes into effect when snow begins to accumulate. This allows for timely removal of snow from the streets and is needed to maintain the safety of our main thoroughfares to get emergency response apparatus to residential areas expeditiously.

What about my sidewalks during or after it snows? It is the responsibility of the abutting property owners to remove snow and ice accumulations promptly from sidewalks. If the property owner does not remove snow and/or ice accumulations within a reasonable time, the City may do so and ultimately assess the costs against the property owner for collection in the same manner as property tax. For purposes of enforcement, a reasonable time period is generally 48 hours after the snow or ice accumulations end. While the City realizes it can be frustrating to finish clearing your driveway and then have the plow come by, the snow removal policy adopted by the City Council indicates that snow placed in driveways by City plows is the responsibility of the property owner to remove. Snow from a private driveway may not be placed on or pushed across a City street.

MISS WONDERLAND WINNERS

Congratulations to the winners of the first Miss Wonderland pageant. Winners were: Little Miss: Ardianna Johnson of Des Moines; Jr. Miss: Victoria Monson of Des Moines; and Miss: Jeena Lynch of Jessup. The Jr. Miss First Runner Up was Lexie Tapper of Boone.

The night was a terrific success, with more than 100 people in attendance. Colleen Kelly of Big Ken and Colleen in the Morning on Star 102.5 was the emcee. The Special Events Committee would like to thank many local businesses for their contributions, including Steve Pope Photography, A to Z Rental, Walmart, and Dairy Queen. Also, many thanks to Clive Elementary School for use of their stage; Mike Smith and Liquid Digital Entertainment for outstanding sound and lighting; and Kelly's Pageant Coaching, for offering the pageant primer class. Pageant judges, Carissa Becker, Miss Iowa Teen USA; Kris Gregerson of Premium Solutions; Kelly Brown of Kelly's Pageant Coaching and Sue Pierson of America's US Miss Scholarship pageant did a fantastic job.

Finally, thank you to all of the wonderful contestants for being part of the pageant. Your contributions were the most important of all!

WINDSOR HEIGHTS VALUES SUSTAINABILITY

As a community completely surrounded by other cities, we simply cannot grow our borders to expand our city. Instead, we have to improve everything we have. An important step towards a healthy, sustainable community is educating our citizens on the efforts the city has undertaken to become more *green*. In addition, individuals can do a tremendous amount themselves to make their own home more *green*. Throughout the beginning of the next year, we will be offering a sustainability series in the Community and Events Center on a variety of topics. Below are the first two scheduled events.

Emmons and Oliver Resources (EOR) will speak in the Community and Events Center about the *Walnut Creek Watershed Assessment* on Wednesday, January 18 at 6 p.m. The city of Windsor Heights recently contracted with EOR to complete a watershed assessment and stormwater management plan in accordance with the federal Clean Water Act, EPA and State of Iowa guidelines. The information presented to attendees will focus on the findings from the assessment of the City as well as the Walnut Creek watershed. The presentation will include approaches to improve the watershed and Walnut Creek.

3E, Electrical Engineering and Equipment Company based in Windsor Heights, will be presenting on *different types of lighting, occupancy sensors, etc. available and how evolving technology can be used in a person's residential home to save electrical costs and help the environment*. Specific information on how up-front costs can be negated by the significant long term energy cost savings will be available. Please join us at 6 p.m. in the Community and Events Center of February 16 for this informative presentation.

DOES YOUR HOME HAVE ORANGEBURG OR HAVE YOU EVER HAD ROOTS REMOVED FROM YOUR SEWER LINE?

Help is now available. The S.O.S. (Save Our Sewers) program offers partially forgivable loans to property owners who need to make upgrades and replace their sewer lines. The loans are up to 50 percent forgivable, depending on property owners' income levels. We are excited to be able to offer this to residents, thanks to the partnership and support with Polk County, the Urbandale-Windsor Heights Sanitary Sewer District and the Neighborhood Finance Corporation. However, there is limited amount of funding available to provide the forgivable portion of the loan. In other words, future funding levels for the S.O.S. program are uncertain so this may be available for a limited time only, meaning it is important to act quickly.

Visit www.windsorheights.org for more information. For more details about the financing your repairs, you can call the Neighborhood Finance Corporation at 515-246-0010. As always, feel free to call City Hall at 515-279-3662 if you have any additional questions.

DON'T FORGET TO LICENSE YOUR PETS

It is the time of year when dog and cat owners are reminded to have their pets licensed and tagged. This allows the City to quickly notify their owners should the pets stray and be picked up. Licenses cost \$10 for altered pets and \$20 for unaltered pets. There is an additional penalty if your pet is not licensed prior to April 1. Pets must have proof of their current rabies vaccination from their vet, with a minimum of six months remaining before expiration. Thanks to all who have registered.

