



# Windsor Wave

Pass it on • "Wave" to a Friend

JUNE 2012

City of  
Windsor Heights  
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Windsor Heights, IA 50324  
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www.windsorheights.org

## SAVE THE DATE! National Night Out on August 7 in Colby Park

### SUMMER COOKING CLASSES

Need some fresh ideas for cooking at home? Check out the set of cooking classes at the Community & Events Center. Chef Glenda Reiling will offer the following classes:

The July 17th class will show you how to grill and smoke like a pro. Chicken, steaks, fish, lots of side options and cast iron baked desserts on the grill. Time is 6-8 pm. Students participate hands on cooking demonstration/ \$45.00 a person/ \$5.00 discount for Windsor Heights residents.

The August 14th class will be for kids, ages 8 and older. Instruction preparing easy items, and learn about foods that are healthy and taste good.

This class teaches young people how to prepare fun snacks and become helpers for Mom in the kitchen. Time is 10 am – noon. \$20.00 per child/ \$5.00 discount per child for day care groups of 6 or more.

The public may sign up for classes by going to Hello@GlendaReiling.com. A minimum of 12 students will be needed for the "hands on class" to be offered. Pre-registration is required. For more information, please call 729-0084. Check out Glenda's website at GlendaReiling.com for more in information

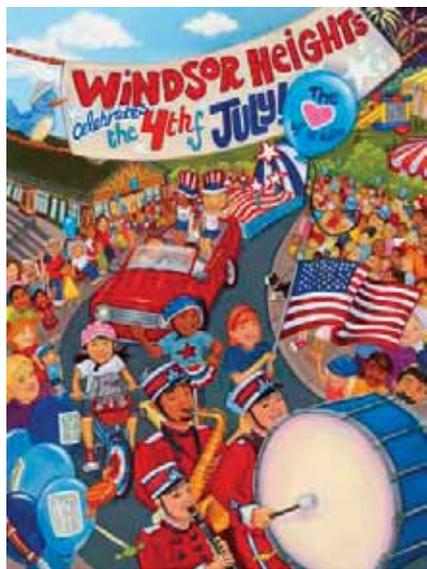
### CALLING ALL AGES! FOR A SPECTACULAR FOURTH OF JULY, YOU WILL WANT TO SPEND IT IN WINDSOR HEIGHTS

The 4th of July is a great day to have a lot of fun. The best celebration is quite literally in your own backyard. Live music, children's activities and vendor booths offering food and more will be presented at Colby Park throughout the afternoon leading up to the fireworks show at 10 p.m. All activities will be free but vendors will charge.

4th of July Parade – Everybody loves a parade, whether it is for the funny entries or the nostalgia of the red, white, and blue.

The parade will be begin at Sherwood Forest at 3 p.m. and travel south on 73rd, east on University, and south on 66th, ending in Colby Park.

Afternoon Festivities in Colby Park – This is the perfect family outing



after watching the Fourth of July Parade. Participants may purchase \$1 tickets to enjoy the action on the inflatables. There is bingo and arts activities. Live music will begin at 4:30 p.m. with two bands, Sumpin' Doo followed by Facility Lounge.

Volunteers are needed for July 4 for this Independence Day Celebration. The volunteer-run Special Events Committee seeks help. Even donating one or two hours to make the event successful and safe is appreciated. To volunteer you may call 645-6821 or e-mail tlevine@windsorheights.org.

### DEL MATRO TO CAMBODIA: A VOLUNTEER'S STORY

Tuesday, June 26, 6:30 – 7:15 pm  
Windsor Heights Community & Events Center  
Slide Presentation and a Sampling of Cambodian Delicacies Free  
Join Windsor Heights resident and international volunteer, Mark John Conley, as he shares photos and personal reflections of his work and travels throughout rural Cambodia. Affected by corporate downsizing in 2010, Mark moved to Cambodia and dedicated his life to helping the country's most vulnerable citizens.

Mark will share accounts of his travels as well as living and working with Buddhist and Cham Muslim communities. He will also share thoughts on how Cambodia's troubled past continues to shape its current social and political dynamics.

### MUSIC IN THE PARK SCHEDULE SET

All concerts are held, with one exception, on Tuesday nights, starting at 7 p.m. The schedule:

June 26	Sacred Heart Sax and Brass
July 1 (SUNDAY, 3 p.m.)	Hot Club of Des Moines
July 10	Party Gras Classic Jazz Band
July 17	Urbandale Community Adult Band
July 24	Hold On
July 31	Brass Band from Altenmedingen, Germany

### 2012 MOVIES IN THE PARK SCHEDULE

All movies are free and begin at dusk. Lawn chairs, blankets and picnics are all welcome.

June 22	<i>Kung Fu Panda 2</i>
June 29	<i>Captain America</i>
July 13	<i>Puss and Boots</i>
July 20	<i>Music Man</i>
July 27	<i>Hugo</i>

### SUMMER CAMP IN RESIDENCE FOR COLBY PARK THIS JULY



**CULTUREALL™**  
Experience a World of Difference

Kids, ages 7–12 years old, are invited to sign up for a "Cultural Caravan Camp" presented by CULTUREALL, a local not for profit organization dedicated to connecting young people to multi cultural experiences through hands on learning. This four day camp will be held at the Windsor Heights Community &

Events Center, 6900 School Street in Windsor Heights. The dates and times are July 9th through the 12th from 9:00 a.m. to 3:00 p.m. with kids attending daily.

During Camp, participants will get to travel around the world without leaving home. Trained cultural ambassadors will be the guides to show how people dance and live in India, how the drums from Africa talk to people, what a mid eastern bazaar in Iraq is like and much more.

The cost of the four day "Cultural Caravan Camp" is \$100.00. Children of Windsor Heights' residents receive a 15% discount, making it \$85. The Camp is limited to 30 kids with a minimum of 12.

You may sign up by going to www.Cultureall.org, by calling CULTUREALL at 515/681-5185 or 515-273-8569 and by e-mailing Maureen@Cultureall.org or Vista@Cultureall.org

### TAKIN' IT TO THE STREETS CITY COUNCIL MEETINGS

We are excited to have the return of the Takin' it to the Streets program in 2012. This award-winning program started four years ago and involves the city holding a city council meeting in the various neighborhoods. Our second Takin' it to the Streets meeting will be on July 16th on Del Matro Court. If the weather is poor, we will move inside back to City Hall. Following the meeting we will have cookies for everyone to share and get to know their neighbors a little better. As always, the meetings will start at 6:00 p.m. Please remember to bring your lawn chair.

### THE FUTURE OF WINDSOR HEIGHTS

The Windsor Heights Comprehensive Plan sets forth a plan for the city's future. The plan includes basic land use ideas but also goals for the city to achieve over the next decade. The Windsor Heights Planning and

Zoning has been working on the plan and is seeking citizen input. Please join us in the Community and Events Center on Wednesday, June 27th at 4:30 p.m. for the first of several public input sessions. In addition, please visit the city's website at www.windsorheights.org to review the goals and provide feedback. Remember, the last city's comprehensive plan set in motion the plan that eventually led to the widening on University Avenue, the Town Center project, the Hickman Road project and the Colby Park redesign, so this plan is extremely important to our city's future.

### GET INSPIRATION FOR YOUR GARDEN DURING WINDSOR HEIGHTS GARDEN TOUR

Beautifully landscaped yards and lovingly cared-for gardens take center stage on Sunday, June 24 from 1 – 4 p.m. during the 6th annual Windsor Heights Garden Tour. Sponsored by the Keep Windsor Heights Beautiful Committee, the tour features a wide variety of selected gardens and yards throughout the community.

#### Highlights from the tour include:

- A unique and creative yard featuring recycled and upcycled materials, including wine-bottle edging along the landscaping. The yard also includes a barn-style shed, a chicken coop, and other charming elements.
- A two-acre backyard wildlife habitat with nearly 100 varieties of native plants, trees, and shrubs.
- A peaceful, quiet setting amid suburban life in a garden enhanced by flowing water and a wide variety of plants, colors, and textures.
- A small space bursting with colors, including the newest colors in coneflowers and countryside flowers.
- A cottage garden surrounded by a whimsical fence and featuring yard art, unique flowers, and a peaceful space for reflection.

Maps and tickets for the Garden Tour are available at the Windsor Heights Hy-Vee and Bankers Trust. Advance ticket sales are \$8, or tickets can be purchased at any of the gardens the day of the tour for \$10.

#### Garden Locations:

- 1801 68th St
- 1007 68th
- 6909 Forest Court
- 6531 Del Matro
- 6408 Forest Court
- Lions Park 1133 66th (Behind city hall)

After touring the gardens, visitors are invited to Lions Park in Windsor Heights for a community gathering, featuring refreshments to be enjoyed while listening to the music of old-time bluegrass band, "Meat's Cookin'." Visitors can also shop for yard accents from local vendors, and register for door prizes at the Lions Park celebration.