

# Foundation Endowment Fund

The Windsor Heights Foundation has entered into an agreement with the Community Foundation of Greater Des Moines to manage the endowment fund which it established in 2008. The fund now totals \$35,000. When the foundation was formed in 1985, a fundamental purpose was to provide a way for people to make bequests or other planned gifts that will benefit the community in the future.

The Windsor Heights Foundation Endowment Fund was inaugurated with a \$20,000 commitment from 3E (Electrical Engineering and Equipment Co.) headquartered in Windsor Heights. Grants totaling \$6,000 came from the Iowa Foundation for Education, Environment and the Arts. Other funds came from individual gifts and allocations by the Windsor Heights Foundation Board of Directors.

Earnings from the endowment fund investments will be used to support various programs and projects, as determined by the board of directors, or designated by donors.

The Community Foundation of Greater Des Moines currently manages over 800 funds with more than \$182 million in assets under management. The agreement allows the Windsor Heights Foundation to enable donors of large gifts to the endowment fund to take advantage of the Endow Iowa Tax Credits program. Endow Iowa allows taxpayers to receive a 25% Iowa tax credit in addition to normal federal charitable income tax deductions for certain charitable gifts. Approximately \$4.5 million in Endow Iowa Tax Credits will be awarded in 2011.

The Windsor Heights Foundation encourages residents, former residents and friends of Windsor Heights to consider making a gift to the endowment fund, either through a bequest or gifts of cash, stock or real estate. Bequests or insurance gifts should be designated to the Windsor Heights Foundation. Donors are encouraged to consult with a tax adviser or estate counselor to review their individual circumstances.

For more information, contact George Hanusa, president, Windsor Heights Foundation Board of Directors, 1133 66th St. Windsor Heights; or phone 515/255-6367; email [geojanh@msn.com](mailto:geojanh@msn.com).

## Zumba Classes

Are you ready to party yourself into shape? That's exactly what the Zumba Fitness program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party that's moving millions of people toward joy and health. Zumba is not only a cardio workout; it also tones your body and builds strength and endurance. All you need to bring is water and comfortable clothing.

Ashley Towey is an experienced instructor who teaches Zumba. Ashley adds a great balance of high/low impact to her routines, all while keeping it fun! Students point to their success in feeling good, losing weight, and feeling refreshed and energized.

Classes are Wednesdays from 5:30-6:20 pm, starting on September 21 through November 9 at the Windsor Heights Community & Event Center. To register, call (515) 491-8465 or e-mail [desmoineszumba@hotmail.com](mailto:desmoineszumba@hotmail.com). Punch cards available for purchase: 5 classes for \$40.00; 7 classes for \$55.00 (receive 1 punch free); 10 punches for \$75.00 (receive 2 punches free). Must be in 8th grade or older (a legal guardian must sign waiver for minors). A minimum of 20 people and maximum of 50 people for the class.

## Sewer Problems

Starting September 1, 2011, the city will begin a partnership with the Neighborhood Finance Corporation, Polk County, and the Windsor Heights-Urbandale Sanitary Sewer District to help homeowners with sanitary sewer problems. The goal of the program is to eliminate the inflow and infiltration of stormwater and groundwater into sanitary sewer lines. When sanitary sewer lines become overwhelmed with stormwater, it increases the likelihood of a sewer backup in basements. Also, all of the water flowing through the sanitary sewer lines must be treated, which increases costs and is not environmentally sound.

Additionally, when stormwater gets into sanitary sewer lines, it is not absorbed into the ground, recharging the aquifers which is so important for clean drinking water. The new program beginning September 1st, will help a homeowner replace or slipline a sanitary sewer line from a person's home to the main and/or decouple sump pumps and perimeter tiles/drains from the sanitary sewer. The program will include a partially refundable loan to the homeowner, creating the opportunity for significant cost savings. There is no income limitation for people participating in the program, but the homeowner must be able to credit qualify. Continue to read the city newsletter, webpage and Facebook account for details on this exciting new program. Applications can be found at the Neighborhood Finance Corporation offices located in Des Moines at 1912 6th Avenue and at [www.neighborhoodfinance.org](http://www.neighborhoodfinance.org).

More information at [www.windsorheights.org](http://www.windsorheights.org)

# City of Windsor Heights

AMERICA'S CROWN COMMUNITY NEWSLETTER

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## Self-Defense Course Offered for Women

The Windsor Heights Police Department is currently gathering contact information for area residents who may be interested in participating in a women's education and self defense course called Rape Aggression Defense (R.A.D.). Dates of the course have tentatively been set for four consecutive Thursday evenings in October (6, 13, 20, 27th from 6:00 - 9:30 pm) at the Windsor Heights Community and Event Center. Class size will be limited to twenty students and attendance at all classes is recommended to complete the program successfully. There will be a one-time registration fee of \$25 due prior to the first class along with pre-event paperwork and waivers. Returning students are welcome at no charge.

The RAD program for women's basic self defense is the largest nationally recognized women's self defense organization in the world ([www.rad-systems.com](http://www.rad-systems.com)). Classes encompass twelve hours of education and awareness topics mixed in with hands-on, active self defense techniques and strategies. The final class in the series is a culmination of the material presented where three separate, active simulation scenarios are given to students to apply what they have learned in the classroom.

Participation in this course does encourage a moderate level of activity; however, women of all ages and abilities are encouraged to attend. The philosophy of RAD instructors is that this program should be easy to learn, easy to retain, and relatively easy to employ during real confrontational situations. Dennis McDaniel of the Windsor Heights Police Department, and long-time certified RAD instructor states, "The objective of the basic RAD program is to develop and enhance the options of self defense so that they may become viable options for a woman who is attacked. We work with our students to educate them on general awareness issues and also strive to create confidence in the application of some basic self defense techniques."

Interested women, high school age and above, may contact Chief McDaniel at the Windsor Heights Police Department during normal business hours at (515) 277-4453 or e-mail him at [dmcdaniel@windsorheights.org](mailto:dmcdaniel@windsorheights.org) with questions. Registration for the course will begin Tuesday, September 6th at City Hall, 1133 66th Street.

## Windsor Heights Fall Clean-Up

Join us on Saturday, September 17 for the Windsor Heights Annual Fall Clean-up Day! Many hands make light work, so the more the merrier. Bring your family, your nonprofit group, your friends, or anyone else interested in making a difference in our community. Meet us at our home base in the white tent north of Burger King on 73rd Street 8:30 - 10:30 am on September 17. You'll get gloves, refuse bags, and an assigned clean-up area. Two hours of work from each of us will help keep Windsor Heights beautiful throughout fall and winter. Thanks for doing your part, and spread the word! The clean-up day is sponsored by Keep Windsor Heights Beautiful committee.



City of Windsor Heights  
the heart of it all  
1133 66th Street  
Windsor Heights, IA 50324  
(515) 279-3662  
[www.windsorheights.org](http://www.windsorheights.org)

# Music in the Park - Weather or Not

Weather was the big factor in an otherwise successful 2011 Music in the Park concert series sponsored by the Windsor Heights Foundation. In spite of a June 21 cancellation, a rain-forced move of the Jazz in July event to Walnut Creek Community Church, and a too-hot-to-be-out move into the Community and Events Center for the July 19 Ballyhoo Foxtrot Orchestra, the many faithful Music in the Park followers enjoyed great music.

The Windsor Heights Foundation Board of Directors is grateful for the individuals and other entities whose financial support made these concerts possible. Music in the Park concerts and the Jazz in July event were sponsored by donors to the Windsor Heights Foundation annual fund, and grants from the Iowa Foundation for Education, Environment and the Arts, Polk County Community Betterment, Windsor Heights Chamber of Commerce, and BRAVO Greater Des Moines. Ballyhoo Foxtrot Orchestra was sponsored by a matching grant from the Iowa Arts Council, a division of the Department of Cultural Affairs, State of Iowa.

The July 5 Urbandale Adult Community Band concert was sponsored by Flo Hunter in memory of her husband, Al; the August 2 concert by the Greater Des Moines Community Band was sponsored by the Windsor Heights Lions Club.

The Lions Club again provided free snow cones, Bankers Trust provided free beverages and the Windsor Heights Foundation provided free popcorn. In-kind support came from the City of Windsor Heights Public Works department. Door prizes were provided by Klassic Kids Child Development, Windsor Heights Dairy Queen, Grounds for Celebration, Matt Cale State Farm Insurance Agency, Baskin Robbins, and Mustard's Restaurant. The City of Windsor Heights also provides the performance pavilion.

A special add-on concert is being considered for a Sunday afternoon in September. Watch for more announcements.

## Contact Us! City of Windsor Heights

### Emergency Phone Numbers

Fire Department .....911  
Police Department .....911

### Non-Emergency Phone Numbers

Police/Fire .....286-3632  
City Hall .....279-3662

Mayor .....Jerry Sullivan

### Council Members:

Charlene Butz  
Betty Glover  
Dave Jenison  
Steve Peterson  
Diana Willits

City Admin. ....Marketa George Oliver

Chief Financial Off. ....Carrie Kruse

Fire Chief .....Christopher Cross

Police Chief .....Dennis McDaniel

Public Works Director Jason Van Ausdall

Director of Comm. Svcs. Josh Heggen

### Police Department:

Police Dispatch .....286-3632  
Police Admin/Records .....277-4453  
Police Investigations .....277-4455

Fire Department .....279-3662

Public Works Dept. ....279-3662

Colby Park Reservations ..279-3662

Building Inspector .....279-3662

Animal Control .....279-3662

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City Council Meetings - 1st and 3rd Mondays of every month, unless posted otherwise.

SEPTEMBER & OCTOBER 2011						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5	6 City Council Meeting 6 PM (City Hall)	7	8	9	10
11	12	13 Mayor's Hour 9-10 AM	14 Chamber of Commerce Annual Golf Outing	15	16	17 KWHB Fall Clean-up 8:30 AM (Burger King Parking Lot)
18	19	20	21	22	23	24 Community Coffee Club 9 AM (Grounds for Celebration)
25	26	27	28	29	30	1 Oktoberfest (Colby Park)
2	3 City Council Meeting 6 PM (City Hall)	4	5	6	7	8
9	10	11 Mayor's Hour 9-10 AM	12	13	14	15
16	17 City Council Meeting 6 PM (City Hall)	18	19	20	21	22 Community Coffee Club 9 AM (Grounds for Celebration)
23	24	25	26	27	28	29

## NEWS BRIEFS

### Save The Date: Oktoberfest 2011

On Saturday, October 1 from 2:00-7:00 pm, the City of Windsor Heights will host the very popular Oktoberfest where herren and frauen, spooks and ghouls will all converge in Colby Park to eat, play, mingle, listen to polka music, carve pumpkins, and enjoy a wide range of activities. This family-friendly event is the area's premier fall celebration with fun for children and adults. The day's activities are now being planned but count on the favorites including live music, pet costume parade, a chili cook-off to name a few. The planning committee invites anyone interested in volunteering to help out, to please contact Tracy at 645-6821.

### Emerald Ash Borer

Do you have an ash tree in your yard or just curious about the Emerald Ash Borer and why it may affect your trees in the future? Please join Emma Bruemmer, State Urban Forester with the Iowa Department of Natural Resources, and Robin Pruisner, State Entomologist with the Iowa Department of Agriculture, for a public presentation and question and answer period in the Community and Events Center at Colby Park on Monday, September 26 at 6:00 p.m. This is open to the public and everyone is encouraged to attend.

### Windsor Heights Foundation

At its annual meeting in June, the Windsor Heights Foundation Board of Directors re-elected David Swartz, Sandy O'Brien, Bart Warford and Kory Hirth to new three-year terms. Current officers were re-elected to new one-year terms: George Hanusa, president; Angie Piziali, vice-president; Kevin Gilchrist, secretary; Kory Hirth, treasurer. Other board members are Bob (Lewy) Lewis, Carroll Bennick, Will Canine and Flo Hunter.

### Iowa One Call

Residents undertaking projects involving digging and excavating are reminded to call Iowa One Call. Under Iowa statute if you plan to dig deeper than 12 inches, you are required to make the toll-free call at least 48 hours before digging. The service is FREE to anyone who requests it. Before any digging or excavation starts, call Iowa One Call at 1-800-292-8989 to have utilities marked.



## 800 lbs of Items Sent to Deployed Officer

A call was made, and the word spread - would we collect and send items to our own Windsor Heights Police Officer, Hector Arias, and his fellow service men and women deployed to Kandahar, Afghanistan? The community responded with an overwhelming, "Yes!" We collected over 800 lbs of items, filling more than 50 boxes, in just a few weeks time.

The collection started at National Night Out in Colby Park on August 2, with a donation drive for items to send to Windsor Heights Police Officer [and Senior Master Sergeant with the Air National Guard's 132nd Fighter Wing] Hector Arias and his military personnel currently deployed with the Iowa Air National Guard. Officer Arias is on his 8th deployment in a twenty-two year military career and is presently overseeing about one thousand US Air Force members in Afghanistan at a NATO air force base.

"Little things from home mean a lot, especially when they come from our friends and family. If I can do one little thing to make their stay a little easier, I can have some comfort," says Officer Arias.

Logistics for this effort included getting the word out quickly through multiple media outlets, collecting, packaging, and finding the best way to send the items overseas (When sending gifts to military personnel stationed overseas, strict guidelines are enforced. There is a list of items prohibited and all packages require an individual U.S. Customs form listing the items contained.). Once dropped off at the U.S. Post Office, the packages are sent to New York and then transferred into the Army Post Office system for transport to Afghanistan. The packages can take between one to two weeks to reach their destination.

"We are very pleased with the efforts of our entire community to support this cause. Officer Arias has been a Windsor Heights Police Officer for over nine years and we are proud of his military service," says Police Chief Dennis McDaniel. "We look forward to his safe return and our thoughts are with all those serving in Afghanistan and elsewhere. The packages are just a small token of appreciation for their service to our country. They are true heroes and if we can do a little to make their time away from home more comfortable, then we need to act without hesitation."

The primary focus of the collection was personal care products and pre-packaged snacks and sweets that military personnel may not have access to in the field. Officer Arias is expected to return to the Windsor Heights police force sometime in late October.

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