

# Beggars' Night Tips

Children will make the rounds to go trick or treating this year on Tuesday, October 30, from 6:00- 8:00 p.m. Turn your porch light on if you want to host little visitors and if you are out driving please take special care during this time. Below are safety tips for both kids and homeowners.

## Safety Tips for Kids

- Carry a flashlight.
- Only approach houses that are lit.
- Wear a watch you can read in the dark.
- Stay on sidewalks or close to the curb. Don't run or cut across yards and driveways, cross intersections at crosswalks and obey all traffic signals.
- Stay away from and don't pet animals you don't know.
- Make sure costumes don't drag on the ground and wear appropriate shoes that fit (even if they don't go with your costume).
- Avoid wearing masks while walking from house to house. Make sure holes are big enough in any mask to see and breathe well. Consider wearing Halloween make-up instead.
- Dress warmly, make any costumes with fire retardant clothing and reflective materials or tape in the costume.
- Knives, swords and other accessories should be made from cardboard or other flexible materials.

## Safety Tips for Homeowners

- Check outdoor lighting and replace burned-out bulbs.
- Remove anything from the porch or yard that children could trip over such as ladders, garden hoses, toys, flower pots or lawn decorations.
- Wet leaves should be swept from sidewalks and steps.
- Restrain pets so they do not inadvertently jump on or bite a trick-or-treater.
- If you use lit candles inside pumpkins, place the pumpkin well away from where children will be walking or standing.
- Consider purchasing non-food treats to hand out, such as coloring books or pens and pencils.
- If you must leave in a vehicle or are just returning home, watch for children darting out from between cars.
- Pay close attention for children dressed in dark clothing or walking on roadways or curbs.



# Swing Des Moines Dance Classes

Swing Des Moines offers dance classes at the Windsor Heights Community & Events Center. Four-week classes are \$30 per person. Members of Swing Des Moines pay half price. No partner necessary and no experience necessary for any level I class. Schedule and prices subject to change. To register, contact Swing Des Moines, register online at [www.swingdesmoines.com](http://www.swingdesmoines.com), or mail payment to Swing Des Moines, 4200 Kingman Blvd, Des Moines IA 50311.

## OCTOBER 2012

### Lindy I

Learn the "grandfather" of swing dances, which originated in the 1930s.

Tuesdays, October 2-23, 7:00 pm (Dennis)  
\$30 non-members / \$15 members

### Continuing Jitterbug

Expand your basic swing with these fun moves.  
Tuesdays, October 2-23, 8:00 pm (Dennis)  
\$30 non-members / \$15 members

## NOVEMBER 2012

### THE CORE: A Swing Sampler

The original swing dance survey class gives you a taste of the major swing dances. This class covers the basic moves of dances such as Jitterbug, Lindy, Charleston, Balboa and more. Nothing too crazy, just the basics. It's ideal for both beginners, as well as more experienced dancers.

Tuesdays, November 13-27 (3 nights), 7:00-9:00 pm  
\$40 non-members / \$20 members

More information at [www.windsorheights.org](http://www.windsorheights.org)

# City of Windsor Heights

AMERICA'S CROWN COMMUNITY NEWSLETTER

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# Residential Knox-Box

The Residential Knox-Box® is a high security key safe designed for single family homes that only local emergency responders can access. With a Residential KNOX-BOX installed, emergency responders can respond quickly, without forcing entry. They simply remove your entrance key stored inside, provide medical assistance and re-lock your door when they leave.



## Benefits of installing a Residential KNOX-BOX:

- One-time purchase, no monthly monitoring fee
- Key locked in KNOX-BOX; not hidden for burglar to find
- Key readily available to responders; not relying on neighbor to be home to let responders inside
- Door or windows not damaged by responders trying to access your home
- Security a top priority – KNOX-BOX is UL listed against physical attack

For questions or assistance in purchasing a residential Knox-Box, please contact the Windsor Heights Fire Department at (515) 279-9450 or email the Fire Chief at [cross@windsorheights.org](mailto:cross@windsorheights.org).

# Water and Land Legacy Bond

The Polk County Board of Supervisors have unanimously referred a bond referendum to the November 6th, 2012, ballot in an amount not to exceed \$50 million for the purposes of acquisition and development of land for public parks, or other recreation or conservation purposes to be managed by the Polk County Conservation Board, including protecting the water quality of rivers, lakes, and streams, including the Des Moines and Raccoon Rivers and their tributaries, protecting drinking water sources, wildlife habitat, and natural areas, prevention of flooding, and construction and improvement of trails and conservation facilities in Polk County.

A \$50 million bond referendum spread out over 20 years would fund acquisitions to protect sensitive areas, connect greenways, improve water quality, and reduce flooding in Polk County. It would also enhance accessible outdoor recreation, conservation education, and complete trail connections that would connect communities and encourage healthy lifestyles. It would cost the average household in Polk County less than \$10 per year if all bonds were issued immediately based on current rates.

The use of these funds would be executed and guided by existing master plans and capital improvement plans of the Polk County Conservation Board. All expenditures will be subject to public review to assure that funds are used wisely and public benefits are maximized. As with current funds made available to the Conservation Board, these funds will be leveraged with other communities and local agencies, continuing partnerships to enhance and protect the natural environment.

For more information about Polk County's Water and Legacy Bond, go to <http://www.inhf.org/polkvotes.cfm>.



City of  
**Windsor Heights**  
*the heart of it all*

1133 66th Street  
Windsor Heights, IA 50324  
(515) 279-3662  
[www.windsorheights.org](http://www.windsorheights.org)

# Autumn Cooking Classes

Register now for the seasonal cooking classes offered at the Windsor Heights Community & Events Center. Chef Glenda Reiling will lead one class a month, through November.

## Holiday Cookie and Candy and Chocolate Baking

October 23, 6:00-9:00 pm

Easy Fudge, Cut Out Cookies, Carmel Yum Yum Balls, Chocolate Covered Peanut Butter Balls, Spiced Nuts, Peanut Brittle

Each baked item will be demonstrated and attendees will go home with 6 dozen assorted cookies, candies, and chocolates, including recipes.

Please bring an apron, knife, stainless steel bowl, candy thermometer, disposable containers and 1 gallon freezer bags.

Class Cost is \$85.00 per student. \$5.00 off for Windsor Heights residents. Please pre-register at [cookwithglenda.com](http://cookwithglenda.com)

## Thanksgiving Day Prep

November 20, 6:00-9:00 pm

Prep a Turkey for Thanksgiving, Bread Dressing, Mashed Potatoes, Green Bean Casserole, Fresh Cranberry Relish Gravy, Pumpkin Pie

Prepare a full meal to serve 10 to 15 guests, take home and serve for Thanksgiving.

Please bring an apron, knife, 3 stainless steel bowls, 1 qt capacity, a cooler to transport food, disposable containers, and casserole dishes for reheating, 1 gallon zip lock bags.

Class cost is \$120.00 per student. \$5.00 off for Windsor Heights residents. Recipe booklet included! Please pre-register at [cookwithglenda.com](http://cookwithglenda.com)

### CONTACT US! City of Windsor Heights

#### Emergency Phone Numbers

Fire Department .....911  
Police Department .....911

#### Non-Emergency Phone Numbers

Police/Fire .....286-3632  
City Hall .....279-3662

Mayor .....Jerry Sullivan

#### Council Members:

Diana Willits  
Charlene Butz  
Betty Glover  
Dave Jenison  
Dave Burgess

Interim City Administrator . . .Josh Heggen

Chief Financial Officer. . . .Carrie Kruse

Fire Chief . . . . .Christopher Cross

Police Chief . . . . .Dennis McDaniel

Public Works Director Jason Van Ausdall

#### Police Department:

Police Dispatch .....286-3632  
Police Admin/Records .....277-4453  
Police Investigations .....277-4455

Fire Department .....279-3662

Public Works Dept. ....279-3662

Colby Park Reservations . . . .279-3662

Building Inspector . . . . .279-3662

Animal Control . . . . .279-3662

2 City Council Meetings are held the 1st and 3rd Mondays of every month at 6:00 p.m., unless posted otherwise.

OCTOBER & NOVEMBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 City Council Meeting 6 pm (City Hall)	2	3	4	5	6 Oktoberfest 2-6 pm (Colby Park)
7	8	9	10	11	12	13
14	15 City Council Meeting 6 pm (City Hall)	16	17	18	19	20
21	22	23	24	25	26	27 Community Coffee Club (Grounds for Celebration)
28	29	30	31	1	2	3
		Beggars' Night 6-8 PM				
4	5 City Council Meeting 6 pm (City Hall)	6	7	8	9	10
11	12	13	14	15	16	17
18	19 City Council Meeting 6 pm (City Hall)	20	21	22 Thanksgiving City Hall Closed	23 City Hall Closed	24

## NEWS BRIEFS

### Iowa Mortgage Help

No matter the reason for financial challenges, the Iowa Mortgage Help initiative is here to assist. Whether currently behind on your monthly mortgage payment, or if you may soon experience financial trouble, call for help now. Trained, respectful, nonjudgmental counselors will help identify the course of action that is most appropriate for your individual situation. Around Iowa, thousands of people are struggling to pay the mortgage. These are good, hard-working Iowans who, for any number of reasons, are facing financial difficulties that make it difficult or impossible to repay their home loan. If you are in need of help, please call 1-877-622-4866 or visit [www.iowamortgagehelp.com](http://www.iowamortgagehelp.com).

### Sewer Line Loans

Free money is available and limited to help fix your sewer line. If your toilet has ever not flushed due to a clog in your sewer pipes from roots or a collapsing line, it is time to fix your sewer line. The S.O.S. (Save Our Sewers) program offers partially forgivable loans to property owners who need to make upgrades and replace their sewer lines. The loans are up to 50 percent forgivable, depending on property owners' income levels. We are excited to be able to offer this to residents, thanks to the partnership and support with Polk County, the Urbandale-Windsor Heights Sanitary Sewer District and the Neighborhood Finance Corporation. However, there is limited amount of funding available to provide the forgivable portion of the loan. In other words, future funding levels for the S.O.S. program are uncertain so this may be available for a limited time only, meaning it is important to act quickly. Visit [www.windsorheights.org](http://www.windsorheights.org) for more information. For more details about the financing your repairs, you can call the Neighborhood Finance Corporation at 515-246-0010. As always, feel free to call City Hall at 515-279-3662 if you have any additional questions.

### Iowa One Call

Do you have yard projects planned this spring? Residents undertaking projects involving digging and excavating are reminded to call Iowa



1-800-292-8989  
[www.iowaonecall.com](http://www.iowaonecall.com)

One Call. Under Iowa statute if you plan to dig deeper than 12 inches, you are required to make the toll-free call at least 48 hours before digging. The service is FREE to anyone who requests it. Before any digging or excavation starts, call Iowa One Call at 1-800-292-8989 to have utilities marked.

## Energy Assistance Available

The Low Income Home Energy Assistance Program (LIHEAP) is available to assist qualifying low income Iowa homeowners and renters by paying a portion of their primary heating costs.

This program is funded by the Department of Health and Human Services through the Iowa Department of Human Rights/DCAA. West Des Moines (WDM) Human Services serves as a delegate agency of Red Rock Area Community Action Program Inc. for the purpose of taking LIHEAP applications.

LIHEAP applications will be taken in the WDM Human Services office (318 5th Street, in Valley Junction, WDM) for households having senior or disabled members beginning October 1, 2012. All other households are welcome to apply beginning November 1, 2012, and continuing through April 30, 2013. Application Hours: Monday, Tuesday, Thursday 8:00 am-3:00 pm. You may call 222-3660 to schedule an appointment during the above hours, or, for those who cannot make it during our regular hours due to work or a documented medical reason, appointments may be scheduled to accommodate your schedule.

To apply, please bring the following documents with you:

- Proof of Income (for all household members age 19, and over)
- Most recent 3 months' check stubs, award letter from Social Security or 2011 tax return
- If you receive alimony or child support, it will also need to be verified.
- FIP recipients please bring your current DHS notice of decision or contact your local office for acceptable document information
- Social Security numbers for all household members (Documentation required)
- Recent heat bill
- Recent electric bill
- Recent telephone bill

The LIHEAP assistance is based on household income, household size, type of fuel, and other factors. Eligibility for participation is established according to the federal income guidelines. This program is not designed to pay a household's total energy costs. The program will provide supplemental assistance based on several factors. Those factors include total household income, household size, dwelling type and type of heating fuel, among others.