

# July 4<sup>th</sup>

## C E L E B R A T I O N

The July 4<sup>th</sup> activities commence after the parade, beginning at 5 p.m. at Colby Park with activities, food and vendors, and more. Visitors can relax on the beautiful lawn. The free musical entertainment begins at 5 p.m. with Tony Valdez/Saxman Jones, Two Legends, Duo. Following, at 7 p.m., will be the high energy sound of the Faculty Lounge. This legendary band is sure to make people want to dance. The Celebration will once again conclude with a rousing show of the finest fireworks in the area. Additionally, a face painter, balloon animal maker, and jugglers will all pay visits. Giant inflatable play structures will be available for kids to enjoy. Tickets are available for \$1.00/each. All other activities are free.

### SCHEDULE OF EVENTS

5-9 p.m.	Inflatables Vendors
5-9:30 p.m.	Children's Activities
5-6:30 p.m.	Live music: Tony Valdez/Saxman Jones, Two Legends Duo
7-10 p.m.	Live music: Faculty Lounge
10 p.m.	Fireworks

## July 4<sup>th</sup> Parade Information

Get your marching shoes in order! The City of Windsor Heights' annual Fourth of July parade is scheduled to kick off at 1 p.m., on Independence Day. The Special Events Committee, organizer of the day's festivities, encourages the public to get involved by making a float, decorating a car, or marching. Some ideas of what they are looking for include: Antique autos and street rods, drills teams, drum squads, floats, marching bands, flag displays, youth and adult marchers, new and vintage farm equipment, horses and other farm animals.

The parade, which attracts crowds of spectators from local and surrounding communities, not only is an excellent marketing opportunity but also a creative way to bring attention to what businesses and organizations are about.

You may download the parade application from the Windsor Heights website, [www.windsorheights.org](http://www.windsorheights.org). For more information, contact Tracy at 645-6821 or [tlevine@windsorheights.org](mailto:tlevine@windsorheights.org).

## New Yoga Class Offered

VINIYOGA for JOINT STABILITY will be offered at the Windsor Heights Community & Events Center for six weeks on Mondays and Wednesdays from Monday, May 13, through Wednesday, June 19 (no class Memorial Day). There will be two sessions, 12-1 p.m. and 5:30-6:30 p.m. The cost is \$110.

This class is sequenced to build the core strength and coordination to facilitate ease in the movements of the back and the major joints, particularly the hips and shoulders. While the class is appropriate for any level of yoga practitioner, there will be no advanced asana- (postures). The only prerequisites are an open mind and the ability to breathe!

Teacher Carrie Ellen Giunta is a graduate of the American Viniyoga Institute in California. Pre-registration for the class is required. For more information, e-mail [sit.withme@yahoo.com](mailto:sit.withme@yahoo.com) or call (917) 723-2467. A minimum of six people per session will be needed. Attendees are asked to bring a mat and a firm beach towel or blanket.

More information at [www.windsorheights.org](http://www.windsorheights.org)

# City of Windsor Heights

AMERICA'S CROWN COMMUNITY NEWSLETTER

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## MUSIC in the PARK

The 2013 Windsor Heights Music in the Park schedule has been set. Sponsored by the Windsor Heights Foundation, the ten concert series in Colby Park begins Tuesday, June 11. The Ralph Zarnow Orchestra, directed by Dan Hartzler, will open the series.

Concerts begin at 7 p.m. on Tuesdays at Colby Park. The concerts are free and include beverages provided by Bankers Trust; snow cones by the Windsor Heights Lions Club; free popcorn by the Windsor Heights Foundation. There will be door prizes as well!

Music in the Park is being underwritten by donors to the Windsor Heights Foundation annual fund, the Windsor Heights Lions Club, and grants from Prairie Meadows Community Betterment, and Polk County Community Betterment, with in-kind support from the City of Windsor Heights.

If bad weather is forecasted, call 991-8682 for questions of cancellation.

Donations to the Windsor Heights Foundation will be gratefully received at any time.

### 2013 SCHEDULE

June 11	Ralph Zarnow Orchestra
June 18	Java Jews
June 25	Sacred Heart Sax and Brass
July 2	Party Gras Classic Jazz Band
July 9	Bristols (music from the 1960s)
July 16	Urbandale Community Adult Band
July 23	Hold On
July 30	Hot Club of Des Moines
August 6	Greater Des Moines Community Band
August 13	Free Style

## Windsor Heights Lions Club Marks 50<sup>th</sup> Anniversary

The Windsor Heights Lion's Club is proud to be completing their 50<sup>th</sup> year as a club. The original charter was issued on March 22, 1963.

The Lions Club will be celebrating their 50<sup>th</sup> anniversary with a buffet banquet catered by Hy-Vee and program at the Windsor Heights Community and Event Center in Colby Park on May 21, at 6 p.m.

The public is invited to join the club in celebrating this event. Windsor Heights' residents, Chamber members, City staff, Windsor Heights Foundation members, past members of a Lion's Club, Lions members from other clubs, Lions State and District officers and staff, and Family members of present and past members are encouraged to attend the celebration banquet.

If you able to attend, the cost will be \$10.00 per person and reservations can be made by contacting or Jerry Adams at 278-4431 or [adamswx\\_1@msn.com](mailto:adamswx_1@msn.com).

The Lion's Club has been involved with many projects to support the activities of Windsor Heights over the years and the club wants the Community to share with us in this celebration.



City of Windsor Heights  
the heart of it all

1133 66th Street  
Windsor Heights, IA 50324  
(515) 279-3662  
[www.windsorheights.org](http://www.windsorheights.org)

# MOVIES in the PARK

The Movies in the Park series is back again this year in Colby Park. With a better than ever line-up, it will be outdoor cinema at its best, thanks not only to the setting but also to the selections made by an all-volunteer committee. The movies are shown at dusk, with a pre-activity beginning at 7 p.m. Lawn chairs, blankets and picnics are all welcome. For more information go to [www.windsorheights.org](http://www.windsorheights.org) or call 279-3662.

## 2013 SCHEDULE

June 21	The Lorax, 2012
June 28	101 Dalmatians, 1996
July 12	Rise of the Guardians, 2012
July 19	Dolphin Tale, 2012
July 26	Up, 2009
August 2	The Avengers, 2012

### CONTACT US! City of Windsor Heights

**Emergency Phone Numbers**  
**Fire Department** .....911  
**Police Department** .....911

**Non-Emergency Phone Numbers**  
**Police/Fire** .....286-3632  
**City Hall** .....279-3662

**Mayor** .....Jerry Sullivan  
**Council Members:**  
 Diana Willits  
 Charlene Butz  
 Betty Glover  
 Dave Jenison  
 Dave Burgess

**City Administrator** .....Jeff Fiegenschuh  
**Chief Financial Officer** .....Carrie Kruse  
**Fire Chief** .....Christopher Cross  
**Police Chief** .....Dennis McDaniel  
**Public Works Director** Jason Van Ausdall

**Police Department:**  
 Police Dispatch .....286-3632  
 Police Admin/Records .....277-4453  
 Police Investigations .....277-4455

**Fire Department** .....279-3662

**Public Works Dept.** .....279-3662  
**Colby Park Reservations** .....279-3662  
**Building Inspector** .....279-3662  
**Animal Control** .....279-3662

**2** City Council Meetings are held the 1st and 3rd Mondays of every month at 6:00 p.m., unless posted otherwise.

## MAY & JUNE 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>5</b>	<b>6</b> City Council Meeting 6 p.m. (City Hall)	<b>7</b>	<b>8</b>	<b>9</b> End of Life Series 7 p.m. (Community Center)	<b>10</b>	<b>11</b> Plant Exchange 9 a.m. (Lions Park)
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b> Sustainable Living Series 5:30 p.m. (Community Center)	<b>17</b>	<b>18</b> WHAMM & Pancake Breakfast
<b>19</b>	<b>20</b> City Council Meeting 6 p.m. (City Hall)	<b>21</b>	<b>22</b> Planning & Zoning Meeting 4:30 p.m. (City Hall)	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
<b>2</b>	<b>3</b> City Council Meeting 6 p.m. (City Hall)	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
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## NEWS BRIEFS

### End of Life Issues Final Presentation

The Windsor Heights Foundation will host its final presentation in a series of topical seminars titled "How to Feel Secure about End of Life Issues."

"Financial Planning – are you following your plan, including pre-retirement planning?" will take place on Thursday, May 9, at 7 p.m. at the Community and Events Center in Colby Park. The cost is \$3.00 per person/\$5.00 per couple

Participants can register and pay at the door. For information or to register, contact George Hanusa at 255-6367 or [geojanh@msn.com](mailto:geojanh@msn.com).

### WHAMM Run/Walk

On Saturday, May 18, runners and walkers of all ages are invited to participate in the 2013 Windsor Heights Annual Mini Marathon, better known as WHAMM. The 8 a.m. walk/race benefits the individuals and families coping with muscular dystrophy and related progressive muscle diseases.

Registration takes place at [www.getmeregistered.com](http://www.getmeregistered.com). Both the 5K Run/Walk (single loop) and the 10K (double loop) start and end at 66th and University and travel through the beautiful neighborhoods of Windsor Heights. Runners receive a shirt, post race food, a ticket to the Pancake Breakfast and the top runners in the 5K and 10K receive medals.

Volunteers are needed along the course and to help with other fun responsibilities. Anyone interested may contact Tracy at 645-6821 or [tlevine@windsorheights.org](mailto:tlevine@windsorheights.org)

For more information on registering for WHAMM, visit [www.getmeregistered.com](http://www.getmeregistered.com) or contact Jacqueline Maher at [jmaher@mdausa.org](mailto:jmaher@mdausa.org).

### Citizen of the Year Award Nominations

Do you know a person worthy of the distinction of being selected Citizen-of-the-Year? Criteria include how an individual's volunteer efforts benefit the quality of life within the City of Windsor Heights. The criteria and application form are available online at [www.windsorheights.org](http://www.windsorheights.org) or may be picked up at City Hall. Think of someone who helps make our city great. Then, share their name for this prestigious honor. Nominations are due Friday, May 24.

### Iowa One Call

Residents undertaking projects involving digging and excavating are reminded to call Iowa One Call. Under Iowa statute if you plan to dig deeper than 12 inches, you are required to make the toll-free call at least 48 hours before digging. The service is FREE to anyone who requests it. Before any digging or excavation starts, call Iowa One Call at 1-800-292-8989 to have utilities marked.

## Annual Free Plant Exchange

As the view from your window changes from snow to the first signs of spring, you're probably getting anxious to get outside and get planting!

If your current plans involve the same old flowers and plants, or some parts of your garden need thinning out, Keep Windsor Heights Beautiful has a great solution. Diversify your plant varieties and share your favorites during the first-annual Windsor Heights Plant Exchange on Saturday, May 11, from 9 to 11 a.m. at Lions Park (1133 66th Street, behind City Hall).

This free event gives you the opportunity to brighten up your garden, flower beds, or flower pots in exchange for items you bring to share. Besides plants, you're also invited to bring gently used garden accessories and art to trade for something new (to you!).

"The Exchange provides the ultimate recycling opportunity," said Charlene Butz, co-chair of Keep Windsor Heights Beautiful. "Whether planting an elaborate garden or simply looking to spruce up front porch planters, neighbors will be able to get new varieties just for sharing their own."

Facing a vexing gardening challenge? Have questions about what to plant in that shady corner? Polk County Master Gardeners will be on hand to share advice and answer your questions!

The success of this event depends on YOU! The more people who attend, the more there will be to share.

No pre-registration is required; to make the exchange process go smoothly, fill out Plant Information Forms ahead of time. Forms are available at [www.windsorheights.org](http://www.windsorheights.org) or will be available on site at Lions Park.

So, start planning what plants you'll bring – and bring a friend!

For more information, please call 273-4780.