

WIN FREE STUFF AT WWW.IOWALIVINGMAGAZINES.COM

Windsor Heights
Living
magazine

september 2013

50324

**NEW COMMERCIAL,
RESIDENTIAL PROJECTS
KEEP WINDSOR HEIGHTS...**

**MOVING
FORWARD**

**CHURCH CAMPOUT
FAITH**

**MEET JACQUI POWERS
EDUCATION**

**1932 FORD
GARAGE**

PRSR1 STD
ECRWSS
U.S. POSTAGE
PAID
BIG GREEN UMBRELLA
POSTAL CUSTOMER
BIG GREEN UMBRELLA
414 61st Street
Des Moines, IA 50312



7 Premium Seats



2013 NISSAN PATHFINDER

Next Gen SUV is here!



0% APR Available
plus \$1,000 NMAC Cash**

\$28,650 starting MSRP
26 MPG Highway*



HUMMEL'S

Iowa's #1 Nissan Dealer!

SHOP OUR INVENTORY ONLINE

www.hummelnissan.com



Open Mon-Thurs: 8am-8:30pm
Fri: 8am-6pm • Sat: 9am-6pm



*Based on EPA highway est. for Pathfinder S 2WD
**With approved NMAC financing
Offer Ends September 30, 2013

4770 Merle Hay Road • Urbandale • 253-0719

RUN



DMU

5K RUN/WALK



SEPTEMBER 20, 2013 @ 6 PM
DES MOINES UNIVERSITY

DES MOINES UNIVERSITY
ALUMNI ASSOCIATION

WWW.DMU.EDU/EVENT/RUN-DMU

The good news

In decades past, newspapers large and small would publish annual “Progress” editions that would showcase what was new in business, industry, education and real estate. They were “feel-good” pieces that focused on the positive growth in the communities the newspapers served.



They also served as an opportunity for local business owners to “toot their own horn” with advertising about all the positive changes that happened with them in the prior 12 months. The issues typically published in January or February, which were slower times for most newspaper staffs. Advertising sales reps loved them because they offered opportunities to earn extra commissions. Reporters, photographers and designers hated them because they were a lot of extra work for little or no extra pay. And the delivery staff really cringed as these were often the

largest — and heaviest — newspapers of the year.

As you know, times have changed, and newspapers are operating with different playbooks than they were just a few years ago. Many have stopped publishing Progress editions, and we think that’s a shame. So we bring you our version, a feel-good piece about the changes in your community during the past year and a glimpse into the future, at least through the eyes of a handful of community leaders. Rather than publish this as a separate section, we feel this news is important enough to warrant a cover story. So that’s exactly what we did. We hope you enjoy it, and we look forward to continuing to provide you with the good news of this community.

Thanks for reading. ■

Shane Goodman
Publisher

P.S. We want to thank the Windsor Heights City Council for reconsidering its decision to publish a monthly newsletter in the pages of this magazine, as it returned this issue. The size of the newsletter has decreased from two pages to one page, as has the correlated revenue, but we appreciate it all the same. We also thank those of you who took the time to express your views about the importance of this communication to the city staff and the individual council members. We appreciate everyone’s support in our efforts to publish this magazine.



Darren Tromblay
Editor
515-953-4822 ext. 304
darren@dmcityview.com

Iowa
Living
magazines

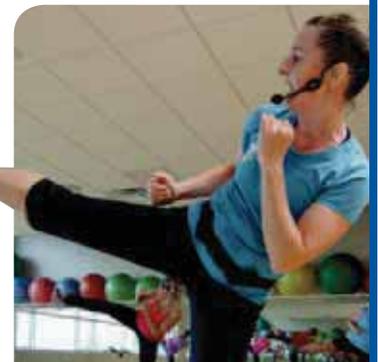


FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SERIOUS ABOUT AN ACTIVE, HEALTHY LIFESTYLE? Y WAIT?

A healthier lifestyle doesn’t magically happen. It takes commitment, a plan and professional help.

That’s where the Walnut Creek Family YMCA can help. Our great facilities, equipment and trained staff are dedicated to helping you succeed. If you and your family are serious about an active, healthier lifestyle, Y wait?



JOIN THE Y TODAY

- FREE WELLNESS COACHING
- FREE CHILD WATCH
- FREE GROUP FITNESS AND CYCLING CLASSES
- REDUCED RATES ON PROGRAMS INCLUDING YOUTH SPORTS, SWIM LESSONS AND BEFORE & AFTER SCHOOL CARE
- WATER EXERCISE CLASSES
- LAP SWIMMING POOL
- 10 CONVENIENT DES MOINES LOCATIONS
- MEMBERSHIP RATES BASED ON HOUSEHOLD INCOME
- FINANCIAL ASSISTANCE AVAILABLE

Walnut Creek Family YMCA
948 73rd St., Windsor Heights
Phone: (515) 224-1888

FOLLOW US



MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

101-1978

www.dmyymca.org

MOVING FORWARD

NEW COMMERCIAL, RESIDENTIAL PROJECTS IN WINDSOR HEIGHTS

By Michael Swanger

Redevelopment of established areas in landlocked western suburbs of Des Moines has been the focus in cities such as West Des Moines, Urbandale and Clive, and so it goes for Windsor Heights, where city officials are working with a private developer to bring new life to a northeastern corner of land that is a gateway to the city.

Windsor Heights Mayor Jerry Sullivan and City Administrator Jeffrey Fiegenschuh say the city is working with Hurd Real Estate to develop 7.6 acres of land located south of Hickman Road and west of 63rd Street. They say the Des Moines-based development and investment firm, which owns and manages a portfolio of more than 85 income-producing commercial properties in nine cities throughout the Midwest and Southwest, is contemplating plans for the Windsor Heights site that include the possible construction of a new medical clinic and office, which would serve as the site's anchor, as well as retail and some housing.

Sullivan and Fiegenschuh say Hurd Real Estate has offered about \$2.4 million for the property, and they hope to close the deal by the end of September. They say Hurd's offer is slightly higher than the land's appraised value, and the city has completed infrastructure work on the site to allow for its development.

"We're in the due diligence period of working with Richard Hurd, who has been great to work with," says Fiegenschuh, 38, who was named city administrator earlier this year after having held similar jobs in cities in Iowa and Illinois. "We know that once the deal is complete, he will want to break ground as soon as possible. He's in the business to make money, and he won't want it to sit idle."

In 2008 and 2009, the city of Windsor

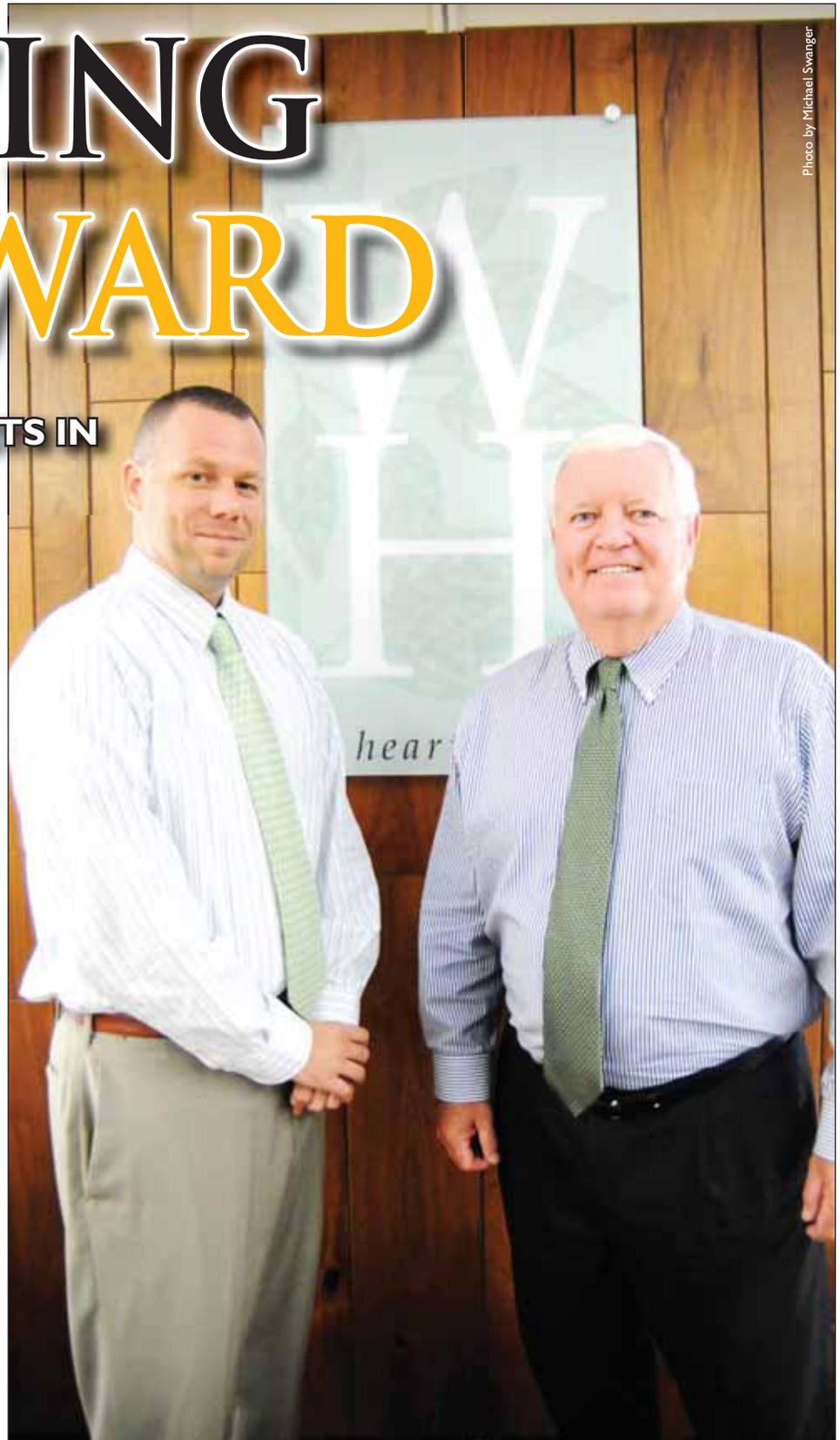


Photo by Michael Swanger

Windsor Heights City Administrator Jeffrey Fiegenschuh and Mayor Jerry Sullivan say the city is working with Hurd Real Estate to develop 7.6 acres of land located south of Hickman Road and west of 63rd Street.

Heights acquired the 7.6 acres of land that once housed a gas station, small box retail store, bar, office, apartments and a mobile home park. In 2011, it completed the widening of Hickman Road and 63rd Street as well as the signalization of the intersection of Westover Boulevard and Hickman Road. Sullivan says it was an area in needed of updating.

“It was considered a blighted area. If we let it deteriorate, it would have continued to deteriorate,” says the mayor. “Years ago our city council decided to step up and make it better. Now it’s a desirable piece of land.”

The city selected RDG Planning & Design to prepare a market analysis report and to create a vision plan for the property that illustrated the city’s objectives and the concerns of its citizens with the hopes of attracting a private developer to build there. In December 2011, the Windsor Heights City Council and RDG met to plan for the goals of the



Photo by Michael Swanger

A vacant lot at the corner of 63rd Street and Hickman Road could soon see construction of a new medical clinic and office, which would serve as the site’s anchor, as well as retail and some housing.

redevelopment of the property which they hope will one day become a walkable, mixed-use corridor along Hickman Road that will be safe, convenient, energetic, attractive and green friendly for

residents and businesses and will fit into the larger metropolitan view of the Hickman Road corridor. The plan was unveiled to the public in March 2012.

Specifically, city leaders and

planners established a flexible plan that would allow a variety of development options for the property, including retail, office, multi-family (apartments, town homes) and parking space with a pedestrian connection to a neighboring public park to the south. An analysis of the site’s market potential revealed that its greatest potential for success — based on the desired neighborhood character, amount of space available and retail market conditions — would be the development of a variety of businesses including a pharmacy and drug store, grocery store, full service restaurant and miscellaneous retail such as a convenience store, florist and appliances.

The city also hosted a seminar in which it invited developers to look at the property.

“That’s when we met Hurd, and six months later he mailed us his proposal,” says Sullivan.

The property is located in a tax increment financing (TIF) area. TIF is a public financing method

DELIVERY NOW AVAILABLE!



Pizza shown is our Super Combo with **OVER 10 TOPPINGS!**

DELIVERY HOURS Sunday–Thursday 11am–8:30pm
 \$3.00 delivery charge Friday and Saturday 11am–9:30pm

GODFATHER'S PIZZA CATERS!

Sunday–Thursday 8:30am–9:00pm **REGULAR HOURS**
 Friday and Saturday 8:30am–10:00pm

ORDER ONLINE AT

WWW.GODFATHERS.COM

3 LOCATIONS IN THE METRO!

8801 HICKMAN ROAD
278.8100

4119 UNIVERSITY AVENUE
277.6344

5919 ASHWORTH ROAD
226.8880

\$10 OFF

ANY PURCHASE OF \$20 OR MORE

Limit one offer per coupon. Not valid with any other discount or special or value deals. Minimum order of \$15 for delivery. Does not include \$3 delivery fee. Offer good through 10/31/13. WH



LARGE PIZZA FOR THE PRICE OF A MEDIUM

Limit one offer per coupon. Not valid with any other discount or special or value deals. Minimum order of \$15 for delivery. Does not include \$3 delivery fee. Offer good through 10/31/13. WH



\$4 OFF JUMBO \$3 OFF LARGE \$2 OFF MEDIUM

Limit one offer per coupon. Not valid with any other discount or special or value deals. Minimum order of \$15 for delivery. Does not include \$3 delivery fee. Offer good through 10/31/13. WH



that is used as a subsidy for redevelopment, infrastructure and other community improvement projects in areas of communities where development might not otherwise occur.

“We want this new area of land to mirror what’s going on along University Avenue in Windsor Heights,” says Sullivan. “When we created the TIF program, it was designed to bring companies here. When this property is developed, it will give us the access we need to our community. It will be a big addition.”

Fiegenschuh credits the city for having the foresight for using TIF the correct way to spur development.

“TIF is a powerful tool, and Windsor Heights used it the right way. Otherwise we wouldn’t have Hy-Vee or possibly Sam’s Club and the Community Center,” he says. “I truly believe it was the impetus of it all.”

Upon the completion of the agreement between Hurd and the city, Hurd would then work with others to develop the land. Sullivan and Fiegenschuh say the site’s anchor, a medical clinic and office, would be built on about 1.5 acres of the property’s 7.6 acres. Plans could also call for some limited multi-family housing and retail.

Officials say the city has worked closely with the Des Moines Metropolitan Planning Organization. It has until 2014 to complete streetscaping, which includes the installation of lighting and planters filled with flowers to uphold to the city’s proposed design standards.

“This is a main entryway so that when you first see Windsor Heights you know it’s a destination,” says Sullivan says. “For us, it means everything.”

Other development news

In addition to the development of the land at



City leaders are discussing establishing design standards for future development and redevelopment in Windsor Heights.



Photo by Michael Swanger

A new Kum & Go convenience store and gas station will be constructed at the corner of 73rd Street and University.

the corner of 63rd Street and Hickman Road, city officials are also working on other development-related projects including the construction of a new Kum & Go convenience store and gas station at the corner of 73rd Street and University Avenue, the implementation of new design standards for future development projects and the unveiling of a new Website for the city.

“They’re going to put in a new store where the existing one is,” says Sullivan of the Kum & Go project. “They’ve started to break ground. It’s going to be new and have a fresh look and give us another update to an entryway to the city.”

Fiegenschuh says city leaders are also discussing the possibility of establishing design standards for future development and redevelopment in Windsor Heights.

“It’s a way of marketing Windsor Heights as midtown because it’s truly in the heart of it all,” he says. “We have the second busiest Wal-Mart in the state, and we have so many businesses that are close together that we want to brand the city.”

Part of that discussion is spurred by the Hickman overlay district, which the city council has considered using along University Avenue,

officials say.

“It’s so we don’t have a hodgepodge of buildings, so that there is some consistency,” Fiegenschuh says. “I hope it’s something we get done by December, but we don’t want to rush it. If you’re going to have design standards, you want to do it right.”

The city administrator and his staff are also working on a new website for the city, one that will better serve potential developers and businesses with photos and information on available properties.

“We have some lots near Wal-Mart to show that we want to make available online. If someone is thinking of opening a business in Windsor Heights, they can link to our site to get there. We hope to have that completed by the middle of September,” he says.

Fiegenschuh also notes that his first few months on the job have been busy and that he credits the city’s leaders for their work in attracting developers and businesses over the years.

“Jerry’s been a very good mayor to work for,” he says. “Development deals don’t happen unless you have the political connections, and having a mayor that can work with developers is so important. I just want to get the job done and give the credit to Jerry because his leadership has been fantastic.”

In the 12 years Sullivan has served the city — eight as mayor and four on the city council — he says this is perhaps the most exciting time for Windsor Heights regarding development.

“We’ve got more going on now than any other time in the 12 years since I’ve been here,” he says. “Our goal is to keep moving forward.” ■

what's in your garage?



Jerry Holub is proud of his customized 1932 Ford.

1932 Ford

Holub's hot rod was built from the ground up

By Lucas McMillan

Jerry Holub's 1932 Ford was a labor of love, built from the ground up with exclusively after-market parts assembled from around the country. However, it retains the same style and spirit of its hot rodding ancestors.

"It's just so much fun," Holub says. "I could have a Porsche for the same price, but these cars are the iconic American hot rod."

Though Holub says he enjoys brainstorming ideas for his cars, he admits he didn't have the technical skills necessary to make his dream auto a reality. That's why, after he'd purchased the all-steel body of the '32 Ford from a dealer in Tennessee and the frame from a restoration expert in Pleasant Hill, he decided to bring in a pair of experts. Scott Schneckloth of Snik's Rod and Custom in Manly, helped build and shape the body of the car, while Joel Mattis, a car interior specialist based near Waterloo, helped him craft the car's passenger experience.

Built during the course of 13 months, the '32 Ford features a sturdy steel body instead of fiberglass, a specialty steering column made with the rod from a sprint

car and a driver's seat made of wood that was custom built for Holub. The 14-gallon fuel tank, located in the trunk of the car, is made from spun aluminum and features a hand-painted illustration of the famous Von Dutch eyeball logo. The exterior of the car is painted in a color called "Big Money Green," and the accent color used for the car's interior is a stock Ferrari color called "champagne." Indeed, everything from the contours of the car's body to the cut of the trunk was done on a custom basis for Jerry, who has won many awards for his car, including a Best in Class award at the Goodguys show in Des Moines two years ago. Though he hopes to one day take his car to the National Roadster Show in Los Angeles, Holub is happy just to drive it around town and take it to local car shows (he affectionately calls it his "barhopping" vehicle).

"Cars like this one aren't necessarily good investments, but that's not why you do it," he says. "I know everybody says their child is the best child, but there aren't too many cars out there like this one. I'm proud of what I got." ■

Contact Darren Tromblay at 953-4822 ext. 304 or darren@dmcityview.com to recommend someone for an upcoming issue of What's In Your Garage?



SATURDAY, OCTOBER 5

2 to 6pm ~ Colby Park
69th and School Street ~ Windsor Heights

~~~~~ **FREE!** ~~~~~

**\* Come in costume and bring your pets for FANTASTIC CONTESTS**

**2-6pm** Interactive inflatables  
\$1/per ticket

**2-6pm** German refreshments for sale

**2-3:30pm** Pumpkin carving contest

**2:30-4:30pm** Face painting

**\* 2:30pm** Kids' costume contest judging  
*Kids, come wearing your best costume for the judging*

**\* 3pm** Pet costume contest judging  
*Show off your pooch or feline decked in costume*

**2:30-5:30pm** Polka Club Band  
Balloon animals  
Hula Hoops  
Hands on workshops  
Heartland Mini Railroad Rides

**4pm** Contest winners announced

**[www.windsorheights.org](http://www.windsorheights.org)**



## Friday, Sept. 20

- VHS 10/V Football vs. Ankeny Centennial, 4:45/7:30 p.m.
- RHS V Boys Golf at Marshalltown, 10 a.m.
- RHS 9/V Football at DM North, 4:45/7:30 p.m.



## Saturday, Sept. 21

- VHS 9/V Volleyball at Waukee, 8/9 a.m.
- VHS JV Girls/Boys Cross Country at DM Roosevelt, 10:30 a.m.
- VHS V Girls/Boys Cross Country at DM Roosevelt, 11/11:30 a.m.
- VHS V Girls Swimming at Iowa City, noon.
- VHS Homecoming Dance, 8 p.m.
- RHS Cross Country Invitational, TBD.
- RHS 9 Volleyball at Waukee, 9 a.m.

**CLOVER**  
Tattoo and Body Piercing

**OPEN 7 DAYS  
A WEEK**  
: Sunday - Thursday :  
**NOON-8P**  
: Friday and Saturday :  
**NOON-10P**  
**6565 UNIVERSITY**  
Windsor Heights, Iowa 50324  
**(515) 255-LUCK (5825)**  
CloverTat2.jimdo.com

## Sunday, Sept. 22

- First day of autumn

## Monday, Sept. 23

- VHS V Boys Golf Invitational, 10 a.m.
- RHS 9 Boys Golf vs. Waukee, 3 p.m.
- VHS 8 Volleyball at Norwalk, 4:30 p.m.
- VHS 9 Football at Johnston, 6 p.m.
- VHS JV Football vs. Dowling, 6 p.m.

## Tuesday, Sept. 24

- VHS 9 Boys Golf at Newton, 3:30 p.m.
- VHS 8AB Football at Fort Dodge, 4:30 p.m.
- VHS 8C Football vs. Indianola, 4:30 p.m.
- VHS 9/10/JV/V Volleyball at Ames, 4:45/6 p.m.
- VHS JV/V Girls Swimming at Ames, 5 p.m.
- RHS JV/V Boys Golf at DM East, 3:30 p.m.
- RHS 9/JV/V Volleyball at DM East, 4:45/6/7:30 p.m.
- RHS JV/V Girls Cross Country at Newton, 5 p.m.
- RHS JV/V Girls Swimming at DM East, 5:30 p.m.

## Wednesday, Sept. 25

- Planning and Zoning Meeting, 4:30 p.m., City Hall.
- VHS JV Boys Golf at Urbandale, 2 p.m.

## Thursday, Sept. 26

- VHS JV Boys Golf at Dowling, 3:30 p.m.
- VHS V Boys Golf at SEP, 3:30 p.m.
- VHS 8 Girls/Boys Cross Country at Indianola, 4 p.m.

- VHS JV/V Cross Country at Indianola, 4:30 p.m.
- VHS 10 Football vs. Indianola, 6 p.m.
- VHS 9 Volleyball at Dowling, 6 p.m.
- RHS JV/V Boys Cross Country at Indianola, TBD.
- RHS JV/V Boys Golf at Ottumwa, 3:30 p.m.
- RHS JV/V Girls Swimming vs. Boone, 5:30 p.m.
- RHS 10 Football at Waukee, 6 p.m.

## Friday, Sept. 27

- Cityview's Martinifest, sample different types of martinis at different stops, \$20, 5-9 p.m., West Glen Town Center.
- VHS 9/V Football at Indianola, 4:45/7:30 p.m.
- RHS 9/V Football vs. Waukee, 5/7:30 p.m.



## Saturday, Sept. 28

- VHS JV Volleyball at Indianola, 8:30 a.m.
- VHS V Girls Swimming Invitational, 9 a.m.
- VHS 9/10 Volleyball at Johnston, 9 a.m.
- VHS V Volleyball at Pella Christian, 9 a.m.
- VHS V Girls/Boys Cross Country at University of Minnesota, 2 p.m.
- RHS V Girls/Boys Cross Country at University of Minnesota, TBD.
- RHS V Volleyball Tournament, 8 a.m.

- RHS 9/JV Volleyball at Johnston, 9 a.m.

## Monday, Sept. 30

- VHS 9/JV Boys Golf at Ankeny Centennial, 10 a.m.
- VHS 8 Football vs. SEP, 4:30 p.m.
- VHS JV Football vs. Waukee, 6 p.m.
- VHS 9/10/JV Volleyball vs. Ames, 6 p.m.



## Tuesday, Oct. 1

- DMPS Board Meeting, 6 p.m.
- RHS JV/V Cross Country at Waukee, TBD.
- RHS V Girls Swimming vs. DM North, 5:30 p.m.
- RHS 9/JV/V Volleyball vs. DM North, 6/7:30 p.m.
- VHS JV/V Boys Cross Country at Waukee, 4 p.m.
- VHS 8 Football vs. Ankeny, 4 p.m.
- VHS 8 Volleyball at Ames, 4:30 p.m.
- VHS 7/8 Cross Country at Waukee, 4:45 p.m.
- VHS JV/V Girls Cross Country at Waukee, 5 p.m.
- VHS 9/10/JV/V Volleyball vs. Ankeny, 4:45/5:45/7:30 p.m.
- VHS 8 Football at SEP, 5 p.m.
- VHS JV/V Girls Swimming vs. Ankeny, 5:30 p.m.

## Wednesday, Oct. 2

- Foundations, supper - \$2.50/per-

son, stay to learn how/why God interacts with people today as in ancient days, activities for all ages, K-12 and adult, 5-7 p.m., Mt. Olive Lutheran Church & School, 5625 Franklin Ave.

- RHS V Boys Golf at DM Hoover, 9 a.m.
- VHS V Boys Golf at Dowling, 9 a.m.



## Thursday, Oct. 3

- RHS JV/V Girls Swimming at Abraham Lincoln, 4:30 p.m.
- VHS JV/V Cross Country at Ankeny, 4:30 p.m.
- VHS 8 Volleyball vs. Johnston, 4:30 p.m.
- VHS 10 Football at Urbandale, 6 p.m.
- VHS 9 Football vs. Urbandale, 6 p.m.

## Friday, Oct. 4

- RHS 9 Football vs. Johnston, 5 p.m.
- RHS V Football vs. Sioux City West, 7:30 p.m.
- VHS V Football at Urbandale, 7 p.m.

## Saturday, Oct. 5

- Oktoberfest, fall celebration for children and adults, dress up in costumes, pumpkin carving contests, and more, 2 p.m., Colby Park.
- RHS 10 Football at Johnston, 9 a.m.
- VHS V Volleyball at Urbandale, 8 a.m.

- VHS JV Volleyball at Ankeny, 8:30 a.m.

## Monday, Oct. 7

- Council Meeting, 6 p.m., City Hall.
- VHS 8AB Football vs. Johnston, 4 p.m.
- VHS 8C Football at Johnston, 4 p.m.
- VHS 8 Volleyball vs. Ames, 4:30 p.m.
- VHS JV Football at Ankeny, 6 p.m.
- VHS 9 Volleyball vs. Dowling, 6 p.m.

## Tuesday, Oct. 8

- RHS 7/8 Boys Cross Country at Ankeny, 4:15 p.m.
- RHS V Girls Swimming vs. DM Lincoln, 5:30 p.m.
- RHS 9/JV/V Volleyball vs. DM Lincoln, 6/7:30 p.m.
- VHS 7/8 Cross Country at Ankeny, 4:15 p.m.
- VHS 8AB Football vs. Indianola, 4 p.m.
- VHS 8C Football at Indianola, 4 p.m.
- VHS 8 Volleyball at Marshalltown, 4:30 p.m.
- VHS 9/10/JV/V Volleyball at Dowling, 4:45/5:45/7:30 p.m.
- VHS JV/V Girls Swimming vs. Dowling, 5:30 p.m.

## Wednesday, Oct. 9

- Foundations, supper - \$2.50/person, stay to learn how/why God interacts with people today as in ancient days, activities for all ages, K-12 and adult, 5-7 p.m., Mt. Olive Lutheran Church & School, 5625 Franklin Ave.

## Thursday, Oct. 10

- RHS JV/V Cross Country at Fort Dodge, 4:30 p.m.
- RHS JV/V Volleyball at Ankeny Centennial, 5:30 p.m.
- VHS 8 Volleyball Match, 4 p.m.
- VHS JV/V Cross Country at Fort Dodge, 4:30 p.m.
- VHS JV/V Volleyball at Ankeny

Centennial, 5:30 p.m.

- VHS 9 Football at DM Lincoln, 6 p.m.



## Friday, Oct. 11

- RHS V Football at Abraham Lincoln, 7 p.m.
- V Boys State Golf Tournament
- VHS 10/V Football vs. DM Lincoln, 4:45/7:30 p.m.

## Saturday, Oct. 12

- RHS V Volleyball at Cedar Rapids Jefferson, 8:30 a.m.
- RHS JV Volleyball at Waukee, 8:30 a.m.
- VHS 10 Volleyball at Waukee, 8:30 a.m.
- VHS 9 Volleyball at Ankeny, 9 a.m.

## Monday, Oct. 14

- Columbus Day
- No School- WDMPS
- VHS 8 Football Game, 4 p.m.

## Tuesday, Oct. 15

- DMPS Board Meeting, 6 p.m.
- VHS 7 Girls Cross Country at SEP, 4 p.m.

- VHS 8 Cross Country at SEP, 4 p.m.
- VHS 9/10/JV/V Volleyball vs. Johnston, 4:45/5:45/7:30 p.m.
- VHS JV/V Girls Swimming vs. Johnston, 5:30 p.m.

## Wednesday, Oct. 16

- Foundations, supper - \$2.50/person, stay to learn how/why God interacts with people today as in ancient days, activities for all ages, K-12 and adult, 5-7 p.m., Mt. Olive Lutheran Church & School, 5625 Franklin Ave.

## Thursday, Oct. 17

- RHS JV/V Cross Country Invitational, TBD.
- RHS 10 Football vs. SEP, 5 p.m.
- RHS V Volleyball Tournament, 5 p.m.
- RHS 9 Football at SEP, 6 p.m.
- VHS JV/V Cross Country at Ames, 2:30 p.m.
- VHS 10 Football at DM East, 6 p.m.
- VHS 9 Football vs. DM East, 6 p.m.
- VHS JV/V Girls Swimming at Mason City, 6 p.m.



## Friday, Oct. 18

- RHS V Football at SEP, 7 p.m.
- VHS V Football at Thomas Jefferson, 7 p.m.



View events and happenings from this community and others at [www.iowalivingmagazines.com](http://www.iowalivingmagazines.com)

THE  
**POWER**  
TO ACHIEVE ENERGY  
EFFICIENCY AT HOME



MidAmerican Energy Company puts the power of energy efficiency to work for our residential customers. Through our **EnergyAdvantage® programs**, the cost of becoming energy efficient is more affordable. MidAmerican Energy provides rebates on approved residential equipment such as furnaces, air conditioners and water heaters. MidAmerican Energy can help you save some green through greater energy efficiency. Contact us to learn more about EnergyAdvantage programs.



800-894-9599

[www.MIDAMERICANENERGY.com](http://www.MIDAMERICANENERGY.com)



Photo submitted

This view from Lansing, looking toward Wisconsin and the Highway 9 bridge, is from a camping trip the Suckows took with members of the congregation.

# Church campout

Suckows share their hobby with congregation

By Rebecca Bowen

To wrap up the summer season and look forward to fall, Windsor United Methodist congregation members Jim and Paula Suckow have taken one of their passions and turned it into an annual event for the entire church to enjoy.

“My wife and I have kicked the idea of having a church campout for quite a while now,” explains Jim Suckow. “We knew there were some other people in the congregation that liked to camp and thought it would be a great way to get others in the church as well as the community involved in a really casual, laid-back setting.”

The Suckows camp two to three times per month during the traditional camping season, but are able to do it even more often when it’s scorching hot or freezing cold because of their camper that it almost immune to the seasons. They are excited to establish this as a church event and enjoy the beautiful fall weather with people they normally only get to see at Sunday service.

The plan is to find a weekend that works best for everyone toward the end of September and enjoy a potluck dinner and, of course, s’mores. Pastor Bob Culbertson has also been invited

to join in on the weekend, and since the overnight campers won’t be able to make it to Sunday service, Pastor Culbertson will give devotion around the campfire.

### Spread the Word

Have an upcoming event or church news you would like to announce? Send information to [darren@dmcityview.com](mailto:darren@dmcityview.com).

“I thought it would be great to do a devotion around the campfire where we can all gather and tell Biblical stories and give some of their application to our own lives,” explains Pastor Culbertson.

The Suckows hope to make this weekend outing a tradition that could take place a couple of times a year for the church.

“It’s also about opening up different relationships and friendships even within the family of the church. It’s finding that common ground that you didn’t realize you had. There are people who camp, people who play sports and a lot of those things intertwine with each other,” said Jim. “It’s an opportunity to go outside and do things beyond the church, it’s a great way to experience the fellowship that the church was built on.” ■

**LUDWIG ROOFING INC.**  
“Our reputation is built on service and quality”

**RESIDENTIAL ROOFING**  
**“WE HAND NAIL”**

*Tearoffs • Reroofing*  
*All Lifetime Shingles*

*Free Estimates*

*Insured*

**SERVING WINDSOR HEIGHTS SINCE 1985**

7711 Marilyn Dr. • Windsor Heights, IA 50324



Locally  
owned and  
operated  
since 1985



**RICK LUDWIG**  
**515.270.9643**



## SEPTEMBER 2013 City of Windsor Heights

1133 66th Street  
Windsor Heights, IA 50324  
(515) 279-3662  
www.windsorheights.org

# Windsor Wave

Pass it on ~ "Wave" to a Friend



## SCHOOL SUPPLY SUCCESS NATIONAL NIGHT OUT AGAINST CRIME (NNO)



The Windsor Heights Police Association along with several sponsors hosted this year's National Night Out on August 6. The beautiful evening brought out an estimated crowd of over 500. Residents took part in games, activities and demonstrations.

This year, the Windsor Heights Police Association hosted a school supply drive benefiting area schools. They collected supplies such as crayons, markers, papers, pencils and other supplies needed to attend school. In addition to those items donated by attendees, the association purchased over \$600 of needed school supplies. The association would not have been able to purchase these items without the donations from our community and the items sold at silent auction. These supplies were divided between Windsor Elementary, Clive Elementary and Cowles Montessori schools.

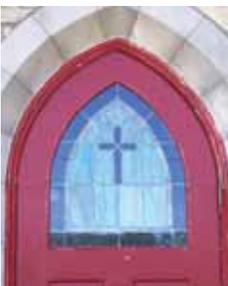


## HISTORY OF FIRE PREVENTION WEEK

The history of National Fire Prevention Week has its roots in the Great Chicago Fire, which occurred on October 8, 1871. This tragic conflagration killed some 300 people; left 100,000 homeless and destroyed more than 17,000 structures.

The first official Fire Prevention Week was proclaimed by President Calvin Coolidge in 1925 to commemorate the 40th anniversary of the Great Chicago Fire.

NFPA (National Fire Protection Association) has announced its theme for 2013 Fire Prevention Week: *Prevent Kitchen Fires*. Cooking is the number one cause of home fires and a significant contributor to home fire deaths. From October 6–12, we'll be highlighting the dangers of unattended cooking and risky kitchen habits. Visit [www.firepreventionweek.org](http://www.firepreventionweek.org).



## OKTOBERFEST, OCT. 5

The Windsor Heights family-friendly Oktoberfest is the area's premier fall celebration with fun for children and adults. The festival begins at 2pm at Colby Park, located at the end of 69th Street, south of University on Saturday, October 5.

From interactive inflatables and activities for children to the free performance of an award-winning polka band and much more, it is a not to be missed celebration geared to all ages and members of a family.

Combined with Halloween, this Oktoberfest invites you and your pet to dress up for fantastic costume contests. Additionally, the perennial favorite pumpkin carving contest, where pumpkins will be available to carve, will show off participant's artistry.

Don't forget to bring your appetites. The traditional German food of brats and accompaniments will be for sale, sponsored by the Windsor Heights Police Association. Other refreshments including beer, popcorn, potato salad and soft drinks will also be available to purchase.

### OKTOBERFEST SCHEDULE

- Interactive Inflatables 2–6pm
- Pumpkin Carving Contest 2–4pm
- Hands on Workshops 2:30–5:30pm
- Kids Costume Contest 2:30pm
- Heartland Mini Railroad 2:30–5:30pm
- Pet Costume Contest 3pm
- Brats, Potato Salad and other Refreshments 2–6pm
- Polka Band 2:30–5:30pm
- Hula Hoops 2:30–5:30pm
- Balloon Animals 2:30–5:30pm
- Contest Winners Announced 4pm

Sponsored by City of Windsor Heights  
and Windsor Heights  
Chamber of Commerce

For more information,  
visit [www.windsorheights.org](http://www.windsorheights.org)



JERRY SULLIVAN, MAYOR • DIANA WILLITS, COUNCIL MEMBER • DAVE JENISON, COUNCIL MEMBER  
CHARLENE BUTZ, COUNCIL MEMBER • BETTY GLOVER, COUNCIL MEMBER • DAVE BURGESS, COUNCIL MEMBER



Kevin Harrington and Shawn Comer at the Regional Business After Hours hosted by Golden Openings on Aug. 15.



Melinda Behn, Vickie Dornfeld, Tom Armstrong and Jodi Gilson-Schrage at the Regional Business After Hours hosted by Golden Openings on Aug. 15.



Grimes Chamber of Commerce and Economic Development held a Business After Hours for Golden Openings on Aug. 15 and made the Guinness Book of World Records for the most ribbon cut.

who says

# print is dead?

Don't believe *everything* you hear. Our company continues to grow with 23 lifestyle magazines and more to come. In six years, our readership has grown from zero to nearly 270,000 monthly readers. Advertising with us will help your business grow, too.

— Shane Goodman, publisher

*Iowa* Living  
magazines

515.953.4822

[www.iowalivingmagazines.com](http://www.iowalivingmagazines.com)

Johnston • Urbandale • Grimes • Waukee • Adel  
Norwalk • Clive • Ankeny • Pleasant Hill • Altoona  
West Des Moines • Downtown • Des Moines West Side  
Windsor Heights • Perry • Webster City • Beaverdale  
Fort Dodge • Clear Lake • Boone • Appanoose County  
Winterset • Greene County... and growing





Photos by Rainey Cook

John Drake, friend John Hayes, daughter Amy, Judy Drake and grandson Max enjoy sharing time together in their duplex.

# Happy little family

Two generations of Drakes share duplex

By Rainey Cook

Remember when 72nd Street intersected University? John and Judy Drake recall vividly what it was like. There was more traffic in front of their home. There was no Hy-Vee in Windsor Heights yet.

The Drakes have lived in their duplex since 1995. Shortly after they moved in, both the Hy-Vee and the new dead-end street were big news in Windsor Heights. It was a change they welcomed. Less traffic meant a quieter street and an even more peaceful feel to their already-loved community.

The couple enjoys their neighbors who have been on 72nd Street just as long as they have. And they especially love their closest next door neighbors in the duplex beside them — their daughter, Amy, and her son, Max. When John and Judy were looking for a home they were looking for a duplex for all of them. When they found this 1962 duplex, they couldn't have been happier.

"Windsor Heights is just so convenient to everything," says Amy.

They, too, love the peacefulness of their home, near-by bike trails and the small-community feel. Even with the street changes, Amy and Max still ride their bikes

to Hy-Vee.

The family doesn't entertain too much. And when they do, it's just a garage space away.

"We enjoy having dinner with each other," says Amy.

They all help outside with landscaping. Lately, Amy has taken on planting and Max waters the impatiens. Throughout the years they have added a patio, brick walkway and fenced backyard with single car garage for storage. Max's evergreen he planted years ago is now close to six feet tall.

In the front, they've added a three-season porch, resided the entire duplex and added a double driveway.

"More like a runway for a driveway," laughs family friend John Hayes.

When not watering or renovating, the family enjoys what Windsor Heights has to offer. Their highlights include July 4th festivities and fireworks, the firemen's pancake breakfast and "school-going" says Max.

Otherwise, as fall approaches, John and Judy will enjoy a warm walk across the garage to have dinner at Amy and Max's. This proximity is what makes it so easy to be a happy little family whatever the season. ■

# Meet Jacqui Powers

Instructor makes education fun

By Rainey Cook

Quite possibly, it's the first and fourth graders at Windsor Elementary this year who will be having the most fun. Jacqui Powers is their teacher. A small group of 10 is her focus.

Powers has been teaching special education here since 1999. She loves the small number of students she gets to spend time with. She enjoys the challenges that face her at the beginning of the year that turn to success by the end of the school year.

"You get to know them better than if they were in a class of 30," she says.

The small group learning is where the fun can come in. They've been known to color on top of the table with markers. When they are having fun, they are learning, and they don't even know it.

"They get so excited," Powers says. "It's so fun to encourage them and actually see them making progress throughout the year."

She works on improving reading, writing and math scores. She says she can get first graders at the beginning of the year without much knowledge of the English language and by the end of the year they are reading and writing. It really is amazing how children absorb so much knowledge so fast, she says.

"I love it at Windsor," Powers says. "You can walk the halls and



Photos by Rainey Cook

Jacqui Powers is a special education instructor at Windsor Elementary.

there is learning going on everywhere."

With the brightly painted benches, educational posters and encouraging banners hung throughout the school, it's easy to see why learning is everywhere. Not to mention Powers' cheery, upbeat personality, which fits her position at Windsor to a "T."

As she talks about her students, even those from last year, she glows. She has a spark about her that is contagious. Her ability to teach, guide and be a cheerleader for international and local students is apparent as her students describe her.

When not cheering on students at Windsor, Powers, who is originally from Carroll, loves to sew and enjoys her flower gardens. This is the first year she and her husband are empty-nesters. ■

## What do you like best about your teacher?



Randy Rodriguez:  
"She's great.  
She's nice, too."



Marcus Cutsforth:  
"She helped me a lot in math."



Paw Law Eh:  
"Writing and math, and I'm reading, too."



Elizabeth John:  
"She helped me write with markers on the table."

## Providing Insurance and Financial Services

**Matt Cale**  
Agent



Like a good neighbor, State Farm is there.®  
6733 University Ave. • Windsor Heights  
280-9000 • [www.mattcale.com](http://www.mattcale.com)

## In the Neighborhood? Let's Get to Know One Another.

New to the area? Unfamiliar with the Edward Jones way of doing business? Take an hour or so to learn how we work with millions of individual investors. Together, we can create and implement an investment strategy designed to help you achieve your long-term financial goals. We customize our recommendations based on our clients' current situations, objectives and risk tolerance.

Call today to schedule a no-cost, no-obligation portfolio review.



**Matt Kneifl, CFP®, AAMS®**  
Financial Advisor  
1100 73rd Street  
Windsor Heights, IA 50324  
515-279-2219

[www.edwardjones.com](http://www.edwardjones.com) Member SIPC

**Edward Jones**  
MAKING SENSE OF INVESTING

finance **Matt Kneifl**

# How can younger investors cope with tough times?

As Americans, we're used to thinking that we will inevitably do better than our parents' generation. But, for now at least, this type of progress may be difficult — and this inability to gain ground, financially, can have real implications for today's younger people and their ideas about investing.

Let's quickly review the nature of the problem. Younger Americans — those in their 20s and 30s — have accrued significantly less wealth than their parents did at the same age, according to a recent study by the Urban Institute. Here's why:

- Bursting of housing "bubble." Many younger people who bought houses shortly before the housing "bubble" began deflating in 2006 now find themselves to be "underwater" on their mortgages — that is, they owe more than their houses are worth. Consequently, they have less opportunity to build home equity — which has been an important means of building wealth for past generations.

- Student-loan debt. The median balance among all households with student loan debt is now more than \$13,000, according to the Pew Research Center — and debt levels are much higher for recent graduates. It can take years to pay off these debts — and the money being used for debt payments is money that can't go toward building wealth for long-term goals.

- Wage stagnation. For several years, the job market has been pretty bad for younger workers. And even those with jobs aren't



making much headway, because wages, adjusted for inflation, have largely stagnated for over a decade. If you're in this group, what can you do? For starters, pay yourself first. Set up an automatic payment each month from your checking or savings account into an investment vehicle, such as an IRA. Over time you will be pleasantly surprised at the amount you've saved.

Don't be "over-cautious" with your investments. Many younger investors, apparently nervous due to market volatility of recent years, have become quite conservative, putting large amounts of their portfolio into vehicles that offer significant protection of principal but little growth potential. Of course, the financial markets will always fluctuate and downturns will occur — but when you're young and you have many decades in which to invest, you have time to overcome short-term declines. With diligence, perseverance and a measure of sacrifice, you can gain some control over your financial fortunes — so look for your opportunities. ■

Information provided by Matt Kneifl, financial advisor, Edward Jones, 1100 73rd, Windsor Heights, 279-2219.

# Three essential documents to have

## Choosing an agent to help a disabled person

By Ross Barnett, attorney, Abendroth and Russell Law Firm

**M**any clients come to our firm because they need assistance in helping a loved one who has become disabled or incapacitated.

Often, it is necessary to go through a court process to appoint an agent to help a disabled individual. Three estate planning documents can be invaluable in allowing you to have control over your financial and medical decision-making.

A power of attorney is an instrument in which you designate another person (your “attorney-in-fact”) to act on your behalf. It ensures continuity of your affairs. The instrument is not subject to court approval or rejection and can only be challenged under limited circumstances. You can give your agent unlimited power to act or you can restrict the representation to certain limited areas.

The power of attorney can be effective immediately upon its execution or it can be triggered by an event such as incapacity. A financial power of attorney is “durable” in the sense that it survives disability. If you become unable to manage your own financial affairs, your agent can use this instrument to pay your bills and manage investments.

However, a power of attorney involves a high degree of trust between you and your agent. You must ensure that the person acting on your behalf knows your wishes and is ready to carry them out. You must also be certain that the agent will not abuse the position, since he or she will have control over your property and assets.



Similar to a financial power of attorney is the durable health care power of attorney, although it is not an asset-management tool. This instrument directs another person to make health care decisions for you if you cannot. A health care power of attorney gives your agent the power to make a decision to discontinue life-sustaining measures, including feeding and hydration. Your agent will communicate your wishes to your doctors.

Finally, a living will makes your wishes known regarding your last illness. A living will states your desires regarding life-sustaining measures or heroic efforts at resuscitation that would prolong your life in a vegetative state. It allows you to make a decision in advance about the level of medical attention you want. It involves the highest degree of trust between you and your designated agent.

These three documents can prevent expensive and time-consuming court action if you become incapacitated. They are essential estate planning documents. ■

Information provided by Ross Barnett, attorney for Abendroth and Russell Law Firm, 2560 73rd St., Urbandale, 278-0623, [www.ARPCLaw.com](http://www.ARPCLaw.com).

# EXPERIENCED ATTORNEYS

SINCE 1987



*Top Row:*

Joe Wallace, Thomas Sherzan

*Bottom Row:*

Mark Abendroth, Dave Russell, Ross Barnett, Chris Low

- ▶ Wills and Trusts
- ▶ Estate Planning
- ▶ Probate
- ▶ Powers of Attorney
- ▶ Real Estate Transactions
- ▶ Small Business Representation



**ABENDROTH AND RUSSELL LAW FIRM**

2560 - 73rd Street ▶ Urbandale

515.278.0623

[www.ARPCLaw.com](http://www.ARPCLaw.com)





A polka band will be just one of the attractions at Windsor Heights' Oktoberfest on Oct. 5 in Colby Park.

# Oktoberfest set for Saturday, Oct. 5

Family-friendly event will be held in Colby Park

The Windsor Heights family-friendly Oktoberfest is the area's premier fall celebration with fun for children and adults. The festival begins at 2 p.m. at Colby Park, located at the end of 69th Street, south of University on Saturday, Oct. 5.

In true Windsor Heights style, the Windsor Heights Oktoberfest has something for everyone. From interactive inflatables and activities for children to the free performance of an award-winning polka band and much more, it is a not-to-be-missed celebration geared to all ages and members of a family.

Combined with Halloween, this Oktoberfest invites you and your pet to dress up for costume contests. Additionally, the perennial favorite pumpkin carving contest, when pumpkins will be available to carve, is going to show off participant's artistry.

And, don't forget to bring your appetites. The traditional German food of brats and accom-

paniments will be for sale, sponsored by the Windsor Heights Police Association. Other refreshments including beer, popcorn, potato salad and soft drinks will also be available to purchase.

The hours of Oktoberfest are 2 - 6 p.m. For more information, go to [www.windsorheights.org](http://www.windsorheights.org). Parking is available in the park and around the side streets. There is no admission or parking fees. Tickets for the inflatables will be sold for \$1 each.

#### Schedule of events

Interactive inflatables: 2 - 6 p.m.  
Pumpkin carving contest: 2 - 4 p.m.  
Hands-on workshops: 2 - 6 p.m.  
Kids costume contest: 2:30 p.m.  
Heartland Mini Railroad: 2:30 - 5:30 p.m.  
Pet costume contest: 3 p.m.  
Brats, potato salad and other refreshments: 2 - 6 p.m.  
Polka band: 2:30 - 5:30 p.m.  
Balloon animals: 3:30 - 5:30 p.m.  
Contest winners announced: 4 p.m.  
Hula hoops: 4 - 6 p.m. ■



Gov. Terry Branstad, Kimberly Baeth and Kim Reynolds at the Regional Business After Hours hosted by Golden Openings on Aug. 15.



Meg Fitz, Matt Himch and Susan Ramsey at the Regional Business After Hours hosted by Golden Openings on Aug. 15.



Steve Davis, Kurt Bond, Phil Kennedy and Curt Johnston at the Regional Business After Hours hosted by Golden Openings on Aug. 15.



Jill Altringer and Chrissy Draper at the Regional Business After Hours hosted by Golden Openings on Aug. 15.



See more photos online at  
[www.iowalivingmagazines.com](http://www.iowalivingmagazines.com)

# Windsor Heights Chamber sponsors children's contest

Winners will be announced at Nov. 7 event

By Betty Ridout, president, Windsor Heights Chamber

The Windsor Heights Chamber is sponsoring a contest asking children to describe what they want to do for a career when they grow up.

"What do you want to be?" invites entrants kindergarten through fifth grade in Windsor Heights and the Des Moines metro area to submit art work or written pieces sharing what they are interested in doing for a future vocation and why. Submissions will be accepted from Sept. 15 through Oct. 31. The entry form can be printed online by going to the [WindsorHeightschamber.com](http://WindsorHeightschamber.com) site. Submissions can be hand-delivered to the Windsor Heights City Hall, or mailed to Windsor Heights Chamber 1133 66th St. Windsor Heights, Iowa 50324.

All entries will be judged based on creativity of design for visual pieces and verbal content for written work with three top prizes being awarded of \$100 first place, \$75 for second and \$50 for third, monies for each winner to launch toward savings for his or her future education. The top winners will also be given the opportunity to shadow or visit with a professional doing the work they wish to do when they grow up. Numerous other entrants are expected to be recognized with honorable mention certificates. Prizes will be awarded and submissions will be



on display at the Shop Where You Roost Buy Local Expo, held Nov. 7, from 5 - 9 p.m. at the Windsor Heights Community and Events Center.

The Windsor Heights Chamber wants to engage young people to consider the wide range of vocations and entrepreneurship that are open to them in their futures, and particularly how education goes hand in hand with reaching career dreams. All contest details can be found at [windsorheightschamber.com](http://windsorheightschamber.com).

The Shop Where You Roost Expo will feature local area merchants and professionals set up to provide information, samples and shopping for visitors. Sample, shop, enjoy and celebrate the art and written work. Concessions will be provided by Hy-Vee. ■

**SHOP**  
WHERE YOU  
**ROOST**  
SHOP • EXPLORE • ART • FUN



WHAT: Shop Where You Roost Buy Local Expo

WHEN: November 7, 5 to 9 p.m.

WHERE: Windsor Heights Community & Events Center

WINDSOR HEIGHTS  
CHAMBER OF COMMERCE

[www.windsorheightschamber.com](http://www.windsorheightschamber.com)

**Dedicated to providing individual patient care**

with a personal touch for the whole family!

- Medical and Diabetic foot care
- Diabetic shoes and socks
- Retail footcare products

By appointment  
Monday-Friday  
9am-5pm

**FOOT & ANKLE**  
INSTITUTE OF IOWA

Dr. Rudolph La Fontant

2629 Beaver Avenue, Suite 15 • Des Moines

**515.223.5219**

**AIRPLANE: 1966 ALON A2 AIRCOOP.** Total Time 2663 hrs.; since major overhaul 1427 hrs.; since total engine overhaul 257 hrs. KX125 Radio, Transponder with Mode C, 196 GPS, New annual in July and more! 1-507-822-1223 or 1-507-831-4136

**\*ADOPTION:\*** Affectionate Adventurous Artistic Financially Secure Family awaits 1st baby. Expenses paid. Beth \*1-800-990-7667\*

**TRAILER SALE!** Skid loader trailers; Gravity tilt 16' + 4' 14,000# \$4,884.00; 18" MX tilt 14,000# \$3,882.00; 18" MX tilt 10,000# \$3,588.00; 6'x12' Enclosed \$2,249.00; 16' + 2' 7,000# \$2,299.00. 125 trailers in stock! 515-972-4554 www.FortDodgeTrailerWorld.com

**RV, SPORT, REC & GUN CONSIGNMENT SALE,** Sat., Oct. 5, 2013 at 9:00 A.M. Please get gun permits to buy, prior to sale. Consign early by Sept. 23, 2013 for complete advertising. Gilbert's Sale Yard, LLC, 641-398-2218. 2 Mi. N. of Floyd, IA On Hwy. 218. Tractor House Internet Bidding Available. www.gilbertsaleyard.com

**NATIONAL BENEFIT PLANS - ARE YOU RECEIVING:** Advance commissions paid weekly on all carriers? Fresh telemarketed (double verified) leads weekly? Incentive trip annually? Production bonuses - monthly and annually? If you are serious about your career and want to be part of a team, call for a confidential interview. 1-800-947-3271. National Benefit Plans

**GOLDEN RETRIEVER PUPS - WHITE** Top European Hunting/Show Champion Lines. Big fluffy snowballs. Laid back and gentle. Training started in Potty, Obedience & Socialization. Warranty included. www.StrikeGolden.com 1-715-634-2670 Snowdogs@centurylink.net

**\$\$\$ ACCESS LAWSUIT** Cash Now!! Injury Lawsuit Dragging? Need \$500-\$500,000++ within 48/hours? Low rates Apply Now By Phone! 1-800-568-8321. www.lawcapital.com

**PAID IN ADVANCE! MAKE \$1000 A WEEK** mailing brochures from home! Genuine Opportunity! No experience required. Start Immediately! www.mailingcountry.com

**\$1,000 WEEKLY** or more guaranteed salary mailing our financial company letters from home. No experience required. FT/PT. Genuine opportunity. Rapid Advancement. Free Information (24/7): 1-888-557-5539

**HELP WANTED!** \$1,000's Weekly Processing Mail and Mailing Brochures! Experience unnecessary! Start Immediately! www.MailingNow23.com. 1-888-285-7643

**WE BUY** used Manufactured Homes, Single and Double Wides. Call 641-672-2344

**CASH FOR CARS:** Any Make, Model or Year. We Pay MORE! Running or Not Sell your Car or Truck TODAY Free Towing! Instant Offer: 1-888-420-3805

**CASH FOR CARS:** All Cars/Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-888-417-1382

**CAN'T GET AN AUTO LOAN?** 100% Instant Approval! Bad Credit, Zero Down! Any New/Used Car, No Dealer Necessary! 1-800-663-4201 www.AutoLoan60.com

**TRUCK DRIVERS WANTED - Best Pay** and Home Time! Apply Online Today over 750 Companies! One Application, Hundreds of Offers! www.HammerLaneJobs.com

**PREGNANT? CONSIDERING ADOPTION?** Call Us First! Living expenses, Housing, Medical and continued support afterwards. Choose Adoptive Family of Your Choice. Call 24/7. ADOPT CONNECT 1-866-743-9212

**A UNIQUE ADOPTIONS, LET US HELP!** Personalized Adoption Plans. Financial Assistance, Housing, Relocation and More. Giving the Gift of Life? You Deserve the Best. Call Us First! 1-888-637-8200. 24HR Hotline.

**LIVE, WORK, PARTY, PLAY!** Play in Vegas, Hang in LA, Jet to New York! Hiring 18-24 girls/guys. \$400-\$800 Weekly. PAID Expenses. Signing Bonus. Energetic & fun! 1-866-251-0768

**WANTED: ALL MOTORCYCLES** Before 1980, Running or Not. Japanese, British, American, European. Any Condition

Accepted. Top Cash Paid, Free Pick Up. Please Call 1-315-569-8094

**\$14.99 SATELLITE TV.** Includes free installation. High speed internet for less than \$.50 a day. Low cost guarantee. Ask about our FREE IPAD with Dish Network. Call today 1-855-331-6646

**SUPPORT FOR MACs.** Adobe InDesign, Photoshop, Illustrator, QuarkXpress, Microsoft Office, Creator, software and hardware conflicts or failures. 15+ years experience. Call Slayton Solutions at 515-360-8100 for contract information and get 3 months FREE with annual support contract... and peace of mind that you have the support you need

**COLORADO MOUNTAINS!** 3 bedroom, 2 bath, 2200 sq. ft. 5 acres wooded mountain hillside; view Pike's Peak from deck. Zoned for animals, 480 sq. ft. shed. http://394sprucedrive.epropertysites.com. Bernetta Miller 719-272-1275

**CANADA DRUG CENTER** is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 75 percent on all your medication needs. Call today 1-800-263-4059 for \$10.00 off your first prescription and free shipping.

**DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND.** Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 1-800-283-0205

**MEET SINGLES RIGHT NOW!** No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now: 800-357-4970

**SAVE ON CABLE TV-Internet-Digital** Phone-Satellite. You've Got A Choice! Options from ALL major service providers. Call us to learn more! CALL Today, 888-583-4941

**ATTENTION SLEEP APNEA SUFFERERS** with Medicare. Get CPAP Replacement Supplies at little or NO COST, plus FREE home delivery! Best of all, prevent red skin sores and bacterial infection! Call 1-888-705-4795

**DIRECTV - OVER 140 CHANNELS** only \$29.99 a month. Call Now! Triple savings! \$636.00 in Savings, Free upgrade to Genie & 2013 NFL Sunday ticket free!! Start saving today! 1-800-991-2418

**DISH TV RESELLER - SAVE!** Starting \$19.99/month (for 12 months). FREE Premium Movie Channels. FREE Equipment, Installation & Activation. CALL, COMPARE LOCAL DEALS! 1-800-390-3140

**CUT YOUR STUDENT LOAN** payments in HALF or More Even if Late or in Default. Get Relief FAST, Much LOWER Payments. Call Student Hotline at 1-855-387-3305

**GUARANTEED INCOME** for Your Retirement - Avoid Market Risk & Get Guaranteed Income in Retirement! CALL for FREE copy of our SAFE MONEY GUIDE Plus Annuity Quotes from A-Rated Companies! 1-800-599-8308

**REDUCE YOUR CABLE BILL!\*** Get a whole-home Satellite system installed at NO COST and programming starting at \$19.99/mo. FREE HD/DVR Upgrade to new callers, SO CALL NOW 1-855-237-7524

**SAFE STEP WALK-IN TUB:** Alert for Seniors: Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less than 4" Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 888-744-2329 for \$750 Off

**REACH 2 MILLION HOUSEHOLDS!** Do you have a product, service, or business that would be helped by reaching over 2 million households throughout Iowa and the surrounding states? The Midwest Classified Network will allow you to reach these potential customers quickly and inexpensively. For more information concerning a creative classified ad call this publication or Midwest Free Community Papers at 800-248-4061 or get information online at www.mcn-ads.com

**TO INVESTIGATE OTHER ADVERTISING OPPORTUNITIES** Call PaperChain at 931-922-0484 or e-mail info@paperchain.com (MCN)



## Looking for more Living?

More photos. More events. More news.

More of everything you are looking for from your community and beyond.

You enjoy receiving your local Iowa Living magazine in your mailbox each month. Now you can access news and information from all of our 23 Iowa Living magazines at one convenient site. You will find community blogs, obituaries, photo galleries, calendars and other information you won't find in our print editions.

Check it out now!

[www.iowalivingmagazines.com](http://www.iowalivingmagazines.com)



## Central\*

**Mercy Central Pediatric Clinic**  
330 Laurel St.  
Des Moines  
(515) 643-8611

*\*Extended hours available by appointment*

## East

**Mercy East Pediatric Clinic**  
5900 E. University Ave.  
Pleasant Hill  
(515) 643-2600

## Johnston

**Mercy Johnston Pediatric Clinic**  
5615 N.W. 86th St.  
Johnston  
(515) 643-6090

## North

**Mercy North Pediatric Clinic**  
800 E. First St.  
Ankeny  
(515) 643-9000

## West

**Mercy West Pediatric Clinic**  
1601 NW 114th St.  
Clive  
(515) 222-7337

# Comprehensive Pediatric Care

The physicians and staff of Mercy Pediatric Clinics are dedicated to keeping your child healthy and safe. Pediatricians are specifically trained to care for infants, children and adolescents. They perform routine well-child exams, sports and school physicals, immunizations and treatment for acute and chronic illnesses. Mercy Pediatric Clinics are conveniently located throughout the Des Moines metro area, and the central location offers extended evening and weekend hours.

## Q: Does my child need to get the flu vaccine?

**A:** The Centers for Disease Control and Prevention (CDC) recommends everyone age six months and older receive the seasonal flu vaccine. Each year, thousands of children are hospitalized due to complications from influenza. According to the CDC, the **single best way to protect against seasonal flu and its potential severe complications in children is to get a seasonal influenza vaccine each year.** Vaccination is especially important for children ages six months to five years.

Mercy Pediatric Clinics are here to keep your family healthy during the upcoming flu season. Schedule an appointment to receive the flu vaccination and protect your child today!



[www.mercyclinicsdesmoines.org](http://www.mercyclinicsdesmoines.org)

# Living longer doesn't *have* to mean ...getting "old."



What is your age? It goes on everything from your driver's license to your insurance card! Age is just a number, what really matters is how old you *feel*.

At WesleyLife, we know life can be meaningful at any age. Focusing on how to age successfully is core to everything we do. WesleyLife services transform the aging experience with a focus on health and well-being.

WesleyLife is a faith-based nonprofit organization with a strong 65 year history of serving Iowans with a variety of services that help older adults live longer, healthier lives.



**WesleyLife**  
A SPIRIT FOR LIVING

(515) 288-3334  
**WesleyLife.org**

## The Ministries of WesleyLife

Independent and Assisted Living | Rehabilitation | Memory Support | Adult Day  
Home Care | Hospice | Home-Delivered Meals | Transportation

