



# For Your Child's Sake, Go Above and Beyond Iowa's Child Passenger Safety Law!

## IOWA LAW

## BEST PRACTICE



**1** Children must ride in an appropriate rear-facing safety seat until one year of age **and** at least 20 pounds.

Children should ride in an appropriate rear-facing child safety seat until the maximum weight limit of the safety seat is reached — this can be up to 30 or 35 pounds depending on the seat.



**2** Children must ride in a child safety seat or booster seat through the age of 5. (Seats must be used in accordance with manufacturer's directions.)

A child should be restrained in a 5-point harness system until the maximum weight limit for the seat is reached. This is usually 40 pounds, although some 5-point harness seats are now rated up to 60-65 pounds.



**3** Children must be in a booster seat or seat belt between the ages of 6 and 11, regardless of their seating position within a vehicle.

At maximum harness weight, a child should graduate into a booster seat. A child should ride in a booster seat until their knees bend over the edge of the vehicle seat and their feet touch the floor while sitting all the way back.

**4** Rear seat occupants up to age 18 must be secured by a safety belt

Buckle Up for life! Regardless of your age, protect yourself and fellow occupants by buckling up every trip, every time, regardless of your seating position within the vehicle.

Best Practice Guidelines are per the American Academy of Pediatrics and the National Highway Traffic Safety Administration.

Protect your precious cargo by making sure they ride right at all times. For more information, visit [blankchildrens.org/cps](http://blankchildrens.org/cps) or call 1-800-258-6419

Produced with Federal Highway Safety Funds



**BLANK CHILDREN'S  
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